



International Diabetes Federation

The **International Diabetes Federation** (IDF) is the global advocate for the more than 366 million people with diabetes worldwide as well as their families and healthcare providers.

IDF is a non-governmental organization of over 200 member associations in more than 160 countries in official relations with the World Health Organization and is associated with the Department of Public Information of the United Nations.

In order to ensure the best possible communication between the different working bodies of the IDF and its member associations, each association is assigned to one of seven IDF regions.

The principal aims of the regions are: to bring local needs and activities to the attention of the local diabetes community; to translate global activities and objectives to a regional context; to support the work of IDF member associations; and to strengthen the collaboration between them.

The seven IDF regions are:

- Africa (AFR)
- Europe (EUR)
- Middle East and North Africa (MENA)
- North America and Caribbean (NAC)
- South and Central America (SACA)
- South-East Asia (SEA)
- Western Pacific (WP)

The mission of the International Diabetes Federation is to *advance diabetes care, prevention and a cure worldwide*.

Our strategic goals are to:

- Drive change at all levels, from local to global, to prevent diabetes and increase access to essential medicines
- Develop and encourage best practice in diabetes policy, management and education
- Advance diabetes treatment, prevention and cure through scientific research
- Advance and protect the rights of people with diabetes and combat discrimination

For more information, please contact: **Sara Webber**, PR & Media Coordinator, IDF.
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Promoting diabetes care, prevention and a cure worldwide





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Diabetes: The Global Burden

Taken from IDF's Diabetes Atlas, 5th edition, 2011.

- **366 million** people have diabetes in 2011; by 2030 this will have risen to **552 million**
- The number of people with **type 2 diabetes** is increasing in every country
- **80%** of people with diabetes live in **low- and middle income countries**
- The **greatest number** of people with diabetes are between **40-59 years of age**
- **183 million** people (50%) with diabetes are **undiagnosed**
- Diabetes caused **4.6 million deaths** in 2011
- Diabetes caused at least **USD 465 billion dollars** in healthcare expenditures in 2011; **11% of total healthcare expenditures** in adults (20-79 years old)
- **78,000 children** develop **type 1 diabetes** every year

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Diabetes: Regional Overviews

Taken from IDF's Diabetes Atlas, 5th edition, 2011.

- Africa: **78%** of people with diabetes are **undiagnosed**
- Europe: the **highest prevalence of type 1** diabetes in children
- Middle East and North Africa: **6 of the top 10 countries** by diabetes prevalence
- North America and Caribbean: **1 adult in 10** has diabetes
- South and Central America: **12.3% of all deaths are due to diabetes**
- South-East Asia: almost **one fifth** of the world's people with diabetes live in just **seven countries**
- Western Pacific: **132 million adults** have diabetes, the largest number of any region

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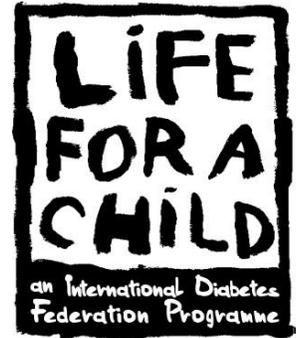
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International Diabetes Federation Programmes

The International Diabetes Federation "**Life for a Child**" Programme is an innovative and sustainable support programme in which individuals, families and organisations contribute monetary or in-kind donations to help children with diabetes in developing countries. The Programme aims to provide sufficient insulin and syringes, blood glucose monitoring equipment and appropriate clinical care.



IDF's **Young Leaders in Diabetes Programme** aims at improving the lives of young people with diabetes, among other things through the development of tomorrow's leaders in the diabetes community. The Initial Young Leaders in Diabetes Programme in Dubai will be the staging ground for the future. Leaders from around the globe will be identified and will form a council which will meet at regional meetings outside of the biennial congress.

The International Diabetes Federation **BRIDGES** (Bringing Research in Diabetes to Global Environments and Systems) programme funds translational research projects in primary and secondary prevention of diabetes to provide the opportunity to 'translate' lessons learned from clinical research to those who can benefit most: people affected by diabetes. The project solicits proposals that support cost effective and sustainable interventions that can be adopted in real world settings, for the prevention and control of diabetes.



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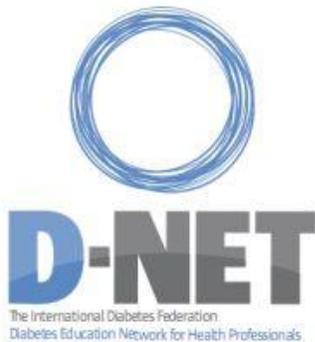
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The International Diabetes Federation's **Women and Diabetes Programme** was launched in 2010 to support the 143 million women worldwide with diabetes. The programme aims to save millions of women and children from diabetes-related premature death and complications, interrupt the intergenerational transmission of diabetes and support women to safeguard the health of their families and communities.



Education programmes at IDF are aimed at health care professionals. They are intended to improve the knowledge and skills of diabetes self-management education in individuals and on a group basis.

The International Diabetes Federation has two global forums dedicated to promoting exchanges about diabetes education. These forums are: Diabetes Education Network for Health Professionals (D-NET) and International Diabetes Federation Centres of Education (IDFCE).

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International Diabetes Federation Publications



Diabetes Voice, the quarterly magazine of IDF, covers the latest developments in diabetes care, education, prevention, research, health policy and economics, as well as themes related to living with diabetes.

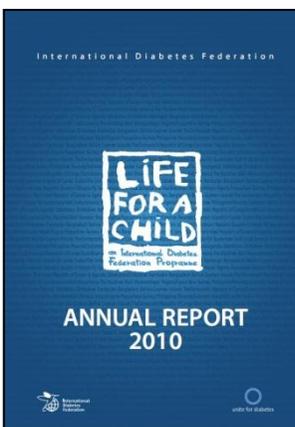
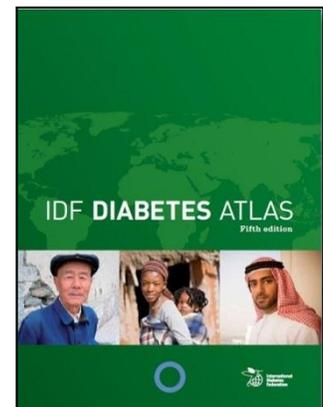
Languages: English, French and Spanish

The **IDF Diabetes Atlas** is a unique resource on diabetes which provides estimates of diabetes prevalence, IGT, health expenditures and many more subjects. This year World Diabetes Day 2011 marked the release of the International Diabetes Federation's 5th edition of the Diabetes Atlas.

New for this edition, we include estimates for the amount of people with undiagnosed diabetes and a chapter on the links between diabetes and development.

Languages: Arabic and English

In preparation: Chinese, French, Russian and Spanish



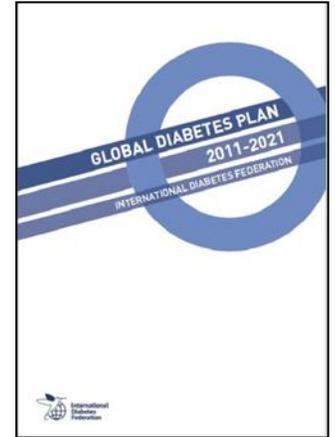
This year IDF published its first **Annual Report** (available in English, French and Spanish) and the **Life for a Child Annual Report** (available in English and French). It also published the first ever **Bridges Activity Report** (available in English).

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Other IDF advocacy publications include:

- Charter of Rights and Responsibilities of People with Diabetes
Languages: English, French and Spanish
- Global Diabetes Plan
Languages: Arabic and English
In preparation: Chinese, French, Russian and Spanish
- Policy Briefing series
 - I. Diabetes and Pregnancy
 - II. Early Origins of Diabetes
 - III. Diabetes: A Global Health and Development Challenge
Languages: English, French and Spanish



At the World Diabetes Congress 2011, **IDF will launch three new guidelines:**

- The Global IDF/ISPAD Guideline for Diabetes in Childhood and Adolescence
- 2011 Guideline for Management of Post Meal Glucose in Diabetes
- IDF Treatment Algorithm for Type 2 Diabetes

Language: English



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