

Module I-2

Team management

Overview

This module aims to provide participants with the opportunity to consolidate their understanding of the social, educational, dietary and psychological requirements of people with diabetes and how these are to be met by using an interdisciplinary approach to care. The module acknowledges the importance of the discrete roles played by each team member but also discusses the need for team members to extend traditional roles if specialized team members, such as dietitians or podiatrists, are not available. The module also emphasizes the importance of providing ongoing education in diabetes care for all team members, and establishing common protocols and management goals.

Goals

- To provide participants with an understanding of how the needs of people with diabetes can be met with an interdisciplinary care approach
- To highlight the roles of the health professionals involved in providing diabetes care
- To emphasize the blended and overlapping nature of roles in a fully integrated team

Objectives

After completing this module the participant will be able to:

- Discuss why an interdisciplinary and/or a multidisciplinary approach is needed in the management of diabetes
- Identify the roles of various members working within an interdisciplinary team – such as generalist doctors, specialist doctors, nursing personnel, podiatrists, dietitians, psychologists
- Discuss the role of the coordinator and the person with diabetes within the team
- Identify ways in which the roles of different team members can overlap and complement each other
- Appreciate the importance of respect for all members of the team including the person with diabetes
- Discuss the importance of interdisciplinary communication, such as team meetings and case conferences

- Identify the ongoing educational needs of team members in order to enable them to function in an interdisciplinary environment at their best capacity, and to allow them to contribute to team initiatives
- Discuss the need for a common protocol to ensure all members of the team work towards the same goal and use a common framework to avoid confusing people with diabetes, duplicating care or miscommunication
- Discuss the importance of evaluating the performance of all team members

Teaching strategies

Case study that demonstrates interdisciplinary care – highlighting the medical, social, dietary and psychological requirements of a person with diabetes

Group discussion regarding different approaches to interdisciplinary care

Role play to demonstrate the different behaviours and approaches of team members

Clinical placement within an interdisciplinary team

Suggested time

Formal session: 1-2 hours

Clinical placement: 1 week

Who should teach this module

An interdisciplinary diabetes care team

Evaluation of learning

Completion of a plan for adopting interdisciplinary care in the participant's own setting

References

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