



IDF News Flash

The e-newsletter of the International Diabetes Federation

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IDF | THE GLOBAL ADVOCATE FOR PEOPLE WITH DIABETES

Global News

Press and News Room on IDF website

We are preparing and will soon open a press and news room on the IDF website. While this section of the site will be open to any visitors to www.idf.org, it will be developed primarily for journalists looking for information about diabetes or IDF. Content will include press releases, position statements, background information on diabetes, news items and a photo library.

The press room will play a dynamic role in our global public awareness campaign, and will help steer the press to our regions and member associations for regional and/or local perspectives. It will give greater visibility to the work that we are all involved in and will increase media awareness of the Federation.

However, to be successful, we need help from our regions and our officers to identify and generate valuable content. If you are a Regional Chair or an IDF officer, you will probably have received an e-mail asking for some information. If you are a member association, a journalist, or simply an individual interested in this press room, we would be happy to receive any suggestions to develop and improve the press room. We would also welcome any good quality, copyright-free images that you feel would be useful in the image bank.

The Communications and PR Unit is working hard to have the press room online by March 12. You can send any suggestions to Anne Pierson (anne@idf.org)

New Staff Members at IDF Executive Office

Merrytxell Rivas Gonzalez recently joined the IDF Executive Office as Communications Assistant. Merry grew up in Madrid, where she studied marketing and communications. She relocated to Brussels a couple of years ago to work for Hewlett Packard. She has joined the Communications and PR team and is working on various projects. She can be contacted on merry@idf.org

Vanessa Tritto has started work at IDF as Project Support Assistant and will be working with the Communications and PR team. Vanessa is Italian and is in her third year of Law and European Studies at the University of Surrey in the UK. She will stay with IDF for six months as part of her university work placement scheme. Vanessa can be contacted on vanessa@idf.org

Newsflash Editor: Victoria Rugg victoria@idf.org

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Diabetes Atlas



More than 600 *Diabetes Atlas* and executive summaries mailed worldwide!

Over 600 copies of the *Diabetes Atlas* second edition and *Executive Summaries* were distributed by IDF between last November and January to member associations, ICDM members, corporate partners as well as to Ministers of Health and Social Affairs in 142 member countries. Further mailings will be organized by IDF to universities, public health schools, libraries and market research companies worldwide. Please do not hesitate to contact IDF should you have any local contacts within these groups interested in receiving the *Diabetes Atlas* and *Executive Summaries*.

If you need more copies to promote the message of the *Diabetes Atlas* in your country, please e-mail Ann Coupé, project coordinator, the number of copies requested, up to a maximum of 10. Please indicate your language requirements (*Executive Summary* available in English, French and Spanish) and the groups you plan to target! These additional free copies are restricted to member associations only.

Have you received your copy yet?

If you have not received your personal copy of the *Diabetes Atlas* second edition and *Executive Summary* by now, please contact Ann Coupé (ann@idf.org) immediately.

Diabetes Atlas meets with good response from Health Ministries

"Mexico, as with the majority of countries in the world, is looking at diabetes as an increasing public health issue which represents enormous costs for the government, individuals as well as society in general... Please be assured that the content from the Atlas will be of great use in the planning process, development and control of an action programme for the prevention, treatment and control of diabetes in Mexico." Dr Oscar Velázquez Monroy, Director General, Ministry of Health, Mexico.

"We congratulate you and your co-workers for this excellent work which not only describes the present situation of this serious condition but allows forecasts to what may turn out to become a major future health threat...I would like to reassure you that health and nutrition will continue to be high on our national agenda." Prof Thomas Zeitner Director of Office Federal Office of Public Health, Switzerland.

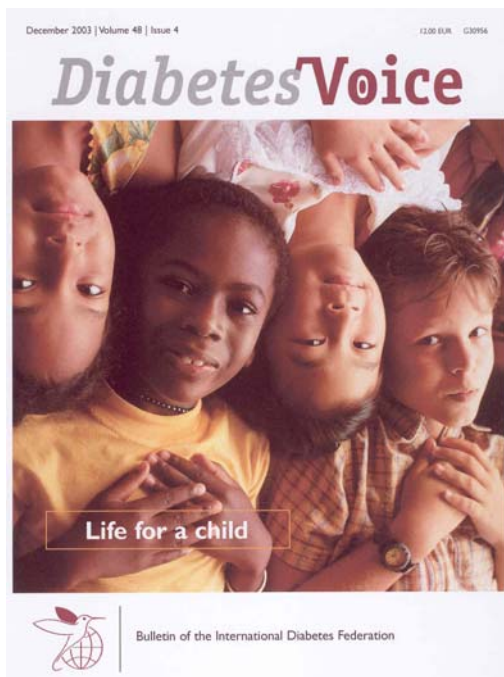
These were just two of the positive responses received from several Ministries of Health and/or Social Affairs in IDF member countries on receipt of the *Diabetes Atlas* second edition and *Executive Summary*. Members associations will receive a copy of the letter from their Ministry of Health or Social Affairs within the next two weeks. We would like to encourage all member associations to take the appropriate follow-up actions with their ministries and we would be pleased to hear more about your local efforts and results. **For more information** on the *Diabetes Atlas*, please contact Delice Gan, delice@idf.org.

Diabetes Action Now

A joint International Diabetes Federation (IDF) and World Health Organization (WHO) project which will focus mainly on low and middle-income communities, the overall goal of 'Diabetes Atlas Now' is to stimulate and support the adoption of effective measures for the surveillance, prevention and control of diabetes. It is the experience of many people working in the field of diabetes that awareness amongst the public, policy makers and even many health professionals about diabetes is poor, although there is little hard data to back up this perception. Since the announcement of the programme on World Diabetes Day 2003, work has begun on the objectives and planned outputs of the programme, and will be summarized and published on the WHO diabetes website (www.who.int/diabetes) in February 2004. **For more information** please contact diabetes@who.int



DiabetesVoice



The new issue of *Diabetes Voice* is now available and contains the following chapters:

- ✦ **DETECT-2: early detection of Type 2 diabetes and IGT**
Stephen Colagiuri and Knut Borch-Johnsen
- ✦ **Latent autoimmune diabetes in adults (LADA)**
David Leslie and Cristina Valeri
- ✦ **International Standards for Diabetes Education**
Anne Belton
- ✦ **Staged Diabetes Management in Mexico: optimizing care with limited resources**
Joel Rodríguez-Saldaña, et al.
- ✦ **Improving diabetes therapy: improving satisfaction**
Marcia A Testa
- ✦ **Pancreas and islet transplantation in the management of diabetes**
R Paul Robertson
- ✦ **Computer-simulated modelling in the management of diabetes**
Jonathan Brown
- ✦ **The health benefits of olive oil**
Elena León Carralafuente
- ✦ **IDF child sponsorship: life for a child with diabetes**
Graham Ogle and Martin Silink
- ✦ **Make more noise: forging links with media**
Stijn Deceukelier

For more information about this and other issues of *Diabetes Voice*, please contact the Managing Editor, catherine@idf.org

Regional Reviews

Africa (AFR)

Association News

➤ **Diabetes South Africa** Pretoria Branch have just released the first issue of their electronic newsletter of 2004. For more information, contact pretoria@diabetessa.co.za

✉ If you wish to know more about this region, please contact Dr Kaushik Ramaiya, Regional Chair at diabetes@cats-net.com



Eastern Mediterranean and Middle East (EMME)



Regional Highlights

The Second International Scientific Symposium on Diabetes and Kidney Disease will be held in Doha, Qatar on February 20-21. The conference will focus on various topics related to diabetes such as the epidemiology of diabetic nephropathy, the detection of diabetes and diabetic nephropathy and new updates of diabetes management.

✉ If you wish to know more about this region, please contact Professor Morsi Arab, Regional Chair, at morsi@idf.org



Europe (EUR)

Association News

↻ The Diabetes

Association of Serbia and Montenegro

has made a series of 24 TV programmes on diabetes which will be broadcast on all television stations in Serbia, Montenegro and Republica Srpska (part of Bosnia) twice a month throughout the year. It is estimated that half a million people will be viewing these programmes.



↻ The Georgian Diabetes Centre, represented by

Prof Ramaz Kurashvili, took part in the Presidential Inauguration of Georgia on 25 January. Prof. Kurashvili gave a talk about the fight for a better life for people with diabetes. Mr. Michael Saakashvili, the President of Georgia, (shown with Prof Kurashvili in the photo) emphasized the message, showing his support for all people with diabetes in the world.



↻ **The Association of Diabetic Patients of Slovakia** along with assistance from people with diabetes in Martin, Slovakia has released the new issue of 'DIAMART', the bulletin of the association. The magazine contains health and legal problems faced by people with diabetes, tips for parents of children with diabetes and information on diabetic complications, as well as recipes, quizzes and interviews with celebrities who have diabetes.

↻ The Dutch Diabetes Association (DVN),

represented by its President Dr Wim Wientjens attended the launch of the Dutch National Diabetes Programme in February. The programme, which is scheduled to last until 2008, will focus on diabetes as one of the three prime targets of the prevention policy of Minister Hans Hoogervorst from the Ministry of Health, Welfare and Sport who took part in the blood glucose screening events held to celebrate the event.



↻ The Portuguese Diabetes

Association held the 3rd Congress of Educators in Diabetes last November in Lisbon. The programme contained workshops and plenary sessions coordinated by specialists on the subject, and was attended by over 300 participants. A group of research physicians led by Prof. Paula Macedo with the participation of the Portuguese Diabetes Association were distinguished with the Ernesto Roma-Roche Diagnostics Award for identifying a hormone (HISS) released by the liver which is responsible for around 50% of insulin action at peripheral level.

✉ For more news about this region, please contact Dr Wim Wientjens, Regional Chair at wim@idf.org

North America (NA)

Regional Highlights

↻ **The North American Regional Council Meeting** is being held on March 7-8 in Ocho Rios, Jamaica. The agenda includes a presentation of the Educators Course in Trinidad, plus discussion of the strategic plan. For more information, contact Shirley Ash at SASH@diabetes.org

↻ **New Trends in Diabetes Management** will be the theme of the UDOP conference, the 10th anniversary of its annual meeting. It will be held in Ocho Rios, Jamaica

on March 4-7. For more information, contact Thornia Smith on thornia.smith@uwimona.edu.jm



↻ **The American Association of Diabetes Educators** recently signed a memorandum of understanding with the US Centres for Disease Control and Prevention. The memorandum includes a focus on the primary prevention of diabetes. For more information, contact Diana Pihos on dpihos@aadnet.org



➤ **The Diabetes National Congress of Mexico** is being held in Monterrey on March 4-5. Highlights include discussions on the treatment of diabetes and obesity, type 2 diabetes and the young, and the congress will hold its first complete programme for diabetes educators. For more information, contact gisela.ayala@fmdiabetes.com

➤ **The Canadian Diabetes Association (CDA)** has recently released its *New Clinical Practice Guidelines*.

The Guidelines have a strong focus on prevention of diabetes, and mark the CDA's 50th anniversary of improving lives for people with diabetes. The full *Guidelines* are available at www.diabetes.ca

✉ **For more news about this region**, please contact Ms Debbie Jones, Regional Chair, at debbie@idf.org



Regional News

Message from the Regional Chair

I have been able to confirm what I already knew: the potential in the region in terms of the commitment, creativity, dedication and diligence of those working to improve the lives of people with diabetes is beyond measure. In the region, we are finalizing our Strategic Plan, which has been prepared by Betsy Rodríguez. At present our task forces are completing their actions and establishing time lines. Soon I will provide you with further information regarding the regional task forces that were formed in Paris 2003, the personnel involved and the activities which we have planned in the SACA region.

Ms Susana Feria de Campanella

➤ New Country Representative

Roberto Cerritos has stepped down as IDF Country Representative of El Salvador and has been replaced

Association News

➤ **The Juvenile Diabetes Association (ADJ)** received a grant of US\$73,000 from the Japanese Government in January. The grant is part of the Japanese Official Development Assistance Programme, aimed towards giving assistance for community projects. Extreme thanks go to the Japanese people for acknowledging the activities of the ADJ.

➤ **The Federation of National Diabetes Association (FENAD)** held its 'National Free of Charge Campaign in Diabetes Detection, Guidance, Education and Complications Prevention' in November 2003. It took place in 550 cities, towns and villages across Brazil and included blood glucose, microalbuminuria and cholesterol tests, educational workshops, free medical examinations and social activities.

South and Central America (SACA)

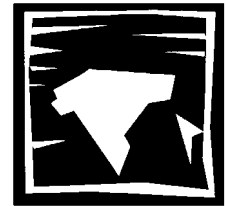
by Dr Manuel Vera, representing Cuba. SACA took into consideration the fact that Dr Vera came second by a difference of two votes in the election of the Regional Council, and that he and his country have provided great support to people with diabetes in the Region. He will attend the forthcoming IDF Executive Board in Copenhagen in May.

➤ **An International Course on Diabetes** will be held in Santiago, Chile on March 26-27. For more information visit www.sochem.cl

➤ **The 14th Argentine Congress of Diabetes** will be held in Buenos Aires in October 2004. For more information, email sad@diabetes.org.ar or visit www.diabetes.org.ar



✉ **For more news about this region**, please contact Ms Susana Feria de Campanella, Regional Chair, at susanafe@adinet.com.uy

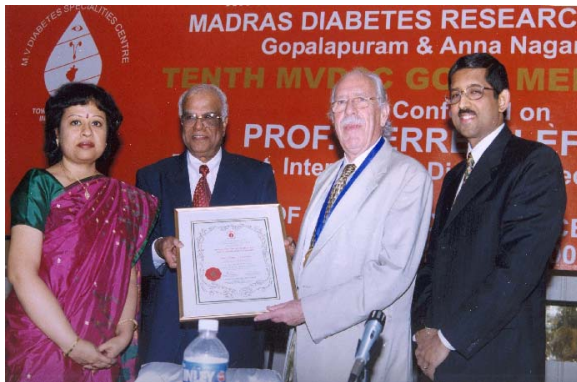


South East Asia (SEA)

Regional News

➤ **The 5th Diabetes in Asia Conference** will be held in Karachi, Pakistan on April 16-18. The theme of the conference is the prevention of diabetes, and the aim is to promote improvement in the delivery of diabetes care and to implement steps for primary prevention of diabetes in the region. International experts from 18 countries will deliver plenary lectures. For more information, email dapkhi@cyber.net.pk

➤ **The North Eastern Diabetes Society**, an organization which includes diabetologists working in the seven North Eastern States of India, held a patient awareness programmes in Dimapur, Nagaland in January. The organization also carries out diabetes research into the different ethnicities of the Indian population. For more information, contact Dr Kakati on drsanjeeb_kakati@yahoo.co.in



➤ **DIABETES 2003** was held in Chennai, India in December 2003. Under the theme of 'Prevention of Diabetes and its Complications by Lifestyle Modification', the exhibition was packed with information on diabetes and its complications, plus recent advances in the management and prevention of diabetes. The exhibition was inaugurated by Prof Pierre Lefebvre, President of IDF, who was awarded the Gold Medal Oration Award for his contributions in the field of diabetes.

✉ For more news about this region, please contact Dr Mahen Wijesuriya, Regional Chair, at mahen@idf.org



Association News

➤ The **Japan Diabetes Society** have recently published its updated edition of *Food Exchange Lists: Dietary Guidance for Persons with Diabetes*. The first edition was published in 1965, and has established itself as a model guide for diet therapy in Japan. Since its first edition, the books have been repeatedly revised to reflect changes in the nutritional intake by Japanese people. The most recent edition is also published in English. For more information, contact Prof Nigishi Hotta at hotta@chubuh.rofuku.go.jp

Western Pacific (WP)

➤ **Diabetes Australia** NSW have produced a new DVD, video and book for children newly diagnosed with type 1 diabetes. 'Professor Bumblebee' and his assistant, Cara, tell the complex story of the condition in a simple and entertaining way. The major supporter of the project was the Macquarie Bank Foundation and the Mandarin Club. For more information, contact kirsten@diabetesnsw.com.au



✉ For more news about this region, please contact Professor Sung-Koo Kang, Regional Chair, at dmkang7003@yahoo.co.kr



Other News and Events



New guidelines for the care of people with diabetes

The American Association of Clinical Endocrinologists has released new guidelines, please visit www.aace.com

➤ **The 13th Annual Meeting of the American Association of Clinical Endocrinology** will take place in Boston, USA on April 28 – May 2. For more information, please contact Melissa Taylor on mtaylor@aace.com



IDF Vice President given prestigious award

Prof. Jean-Claude Mbanaya has been awarded the Harold Rifkin Award by the American Diabetes Association (ADA). He will receive the award at the Award Banquet at the ADA scientific sessions.

➤ **The 40th National Diabetes Congress** will take place in Antalya, Turkey on May 14-18. For more information, contact the Turkish Diabetes Association on info@turkdiabet.org

➤ **The 19th Annual Meeting of the American Society of Hypertension** will take place in New York, USA on May 18-22. For more information, contact Gilda Caputo on gcaputo@ash-us.org or visit www.ash-us.org

Xenical News

Roche have a recently produced a new report outlining the European Union's Committee for Proprietary Medicinal Products (CPMP) positive recommendation to extend the European label for its weight loss medication Xenical to include four year data on weight loss, long-term safety and tolerability profile reduced risk for developing type 2 diabetes. For more information contact Patrick.Ward@shirehealthinternational.com

➤ **The 9th Multi-disciplinary, Multi-professional Brazilian Congress on Diabetes** will be held on July 23-25 in São Paulo, Brazil. The event, organized by the National Federation of Associations of Diabetes (FENAD), will include 250 lectures in 44 symposiums. For more information, contact anad@anad.org.br



➤ **The Diabetes UK Annual Professional Conference**, entitled 'Working in Partnership', will be held in Birmingham, UK on March 19-21. For more information please contact conference@diabetes.org.uk

Disclaimer

References and links in this newsletter to products, services, businesses, organizations, websites and events which are not under the control of the International Diabetes Federation (collectively, 'Referenced Information') should not be construed as endorsements by IDF. Referenced Information is provided for convenience of reference only and its provision is not intended as a warranty of any type regarding the Referenced Information or any information referenced at any such website.

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