JOIN THE IDF EUROPE YOUTH LEADERSHIP LAB 2020

and connect with a new generation of diabetes advocates!

WHAT WILL THE LAB BE LIKE?

• A space for co-creation and collaborative thinking;
• An experience that alternates between educational sessions, online physical activities and social interactions as equally important parts;
• A doorway to YOURAH - IDF Europe’s Youth Advocate Network - and a dialogue with experienced mentors and colleagues;
• A face-to-face meeting, if the health situation improves and;
• Best part: an interactive and innovative experience.
This new concept will offer you the opportunity to:
- Access an online-based leadership development programme specifically designed for young people (aged 18-30) with diabetes and
- Connect with the new generation of diabetes advocates across Europe.

**HOW MUCH TIME WILL I INVEST?**
- The programme starts week commencing 3rd August 2020 and ends week commencing 14th December 2020;
- Sessions of 90 minutes will be held every second week during the week, in the evening (educational, social and physical activities) and
- A highlight will be a World Diabetes Day Event (14th November) - face-to-face or virtual, depending on Covid-19.
*The actual dates of the sessions will be decided with the selected participants

**WHAT ARE THE OBJECTIVES OF THE LAB?**
- To offer a space for emerging diabetes leaders and advocates to network, learn from each other, exchange ideas and experiences and to create strong and lasting connections;
- To provide high-quality training that will inspire you to become leading diabetes advocates engaging at National and European level and
- To brainstorm specific topics and co-create common projects and/or campaigns.

**WHO ARE WE LOOKING FOR?**
Young people (18-30 years old) with all types of diabetes recommended by their diabetes association, who have:
- Excellent English comprehension & speaking skills;
- A desire to engage in a virtual environment;
- An ability to attend the entire training programme and;
- A passion for diabetes issues and working together with other like-minded people in their diabetes association and IDF Europe.

Does this sound like you?
Then we would love to receive your application!

**PLEASE FILL IN THE APPLICATION FORM AT:**

HTTPS://WWW.SURVEYMONKEY.COM/R/IDFE-YLL2020

**APPLY NOW FOR OUR ONLINE PROGRAMME!**

**BY 28TH JUNE, 2020.**