12:00PM UK Time  
01:00PM CET Time

12:00 - 12:10 PM  **Introduction: DAR-IDF**
Mohamed Hassanein  
Andrew Boulton  
Akhtar Hussein

12:10 - 12:30 PM  **Pre-Ramadan Assessment and Risk Scoring**
Mohamed Hassanein
- Risks vs benefits of fasting
- Risk scoring and religious view
- Role of pre-Ramadan education
- BG monitoring when and how

12:30 - 12:50 PM  **Practical considerations for T2D- OHG/GLP-1 RA**
Wasim Hanif
- Nutrition changes in Ramadan
- Timing and dose adjustment of OHG
- Timing and dose adjustment of GLP1-RA
- What to do for those on multiple therapies

12:50 - 01:10 PM  **Insulin modification during Ramadan fasting**
Ateeq Syed
- Timing and dose adjustment of basal insulin with or without GLP-1RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

01:10 - 01:30 PM  **Management of special groups during Ramadan**
Tahseen Chowdhury
- Chronic Kidney disease
- Cardiovascular disease
- Pregnant women
- Age considerations for the elderly

01:30 - 02:00 PM  **Panel Discussion**
Full faculty
02:00 - 02:05 PM  Chair’s introduction

Chair: Vinod Patel

02:05 - 02:30 PM  Hypoglycaemia in Ramadan – how significant is this problem

Mohammad Alhadj Ali

• To understand and to be able to describe how significant is the epidemiology of hypoglycaemia in Ramadan.
• To be able to describe the complications related to hypoglycaemia in Ramadan.
• To learn strategies and technologies to prevent hypoglycaemia

02:30 - 02:55 PM  Diabetes in COVID Times

Sarah N Ali

• Implications of fasting in Ramadan during the COVID-19 pandemic
• Recommendations for those with diabetes who wish to fast safely

02:55 - 03:20 PM  Diabetes- A risk worth managing

Yassir Javaid

This is an Astrazeneca sponsored symposia

03:20 - 03:45 PM  Technology in Ramadan

Muhammad Ali Karamat

• Timing and dose adjustment of basal insulin with or without GLP-1RA
• Timing and dose adjustment of mix-insulin
• Timing and dose adjustment of basal/bolus
• Pump and CGM best tips

03:45 - 04:15 PM  Elderly and Management – management of the older person in Ramadan

Azhar Farooqi

• Chronic Kidney disease
• Cardiovascular disease
• Age considerations for the elderly

04:15 - 04:45 PM  Panel Discussion

Full faculty

04:45 - 05:00 PM  Conference Close
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