Dr. Konstantinos Makrilakis is a Professor of Internal Medicine at the National and Kapodistrian University of Athens Medical School. Among his many achievements, he has participated, upon invitation from the Hellenic Diabetes Association, in the writing and editing of the Greek “Guidelines for the management of the Diabetic Patient”. His authorship includes participation in 8 International and 6 Greek multi-author medical books related to Diabetes mellitus. Dr. Makrilakis has already served in the past as a Board member of IDF Europe (2015-2017) and has worked in advocating the need for prevention in all European countries, talking and cooperating with various stakeholders, to increase awareness of the burden of the disease and working together to improve the well-being of people living with diabetes.