I am 28 years old and from Ukraine. I was diagnosed with Type 1 diabetes in 2015. My interests include journalism and fitness. I would like people with diabetes to know that they have many opportunities. I would like to provide psychological support to those who have recently encountered diabetes and who are learning to live with it. Diabetes isn’t the end, but only the beginning of a new life. It is very important that society knows more about people with diabetes so that a person experiencing hypoglycaemia could be helped and not thought of as drunk.