ROLL CALL
IDF EASTERN EUROPE MEMBER ASSOCIATIONS
ON WORLD DIABETES DAY

14 NOVEMBER 2021
IDF Europe (EUR) Region 59 countries
12 Eastern Europe countries (EEC), which have 15 IDF MAs + Turkmenistan, Tajikistan
The population of EEC is 296 mill out of 730 mill of the total population of Europe.
40% of the population of Europe live in the Eastern Europe countries
Meeting of the heads of the diabetes organizations of the East European under umbrella of the IDF Europe board (in full force and half of financial support of the meeting) and partnership and half of financial support of Novo Nordisk

the Tauride Palace. St. Petersburg, Russian Federation
DIABETES PROGRAMM OF THE CIS COUNTRIES

Most (not every) of the EEC are part of the Commonwealth of Independent States (CIS) and they have a Main Cooperation Platform for the CIS Parliamentarians - InterParliamentary Assembly.

The program of cooperation between the member states of The CIS on the prevention and treatment of diabetes for 2021–2025 was approved by the CIS Economic Council in December 2020. Countries continue to ratify the Agreement and to implement of the adoption of legislative and other normative legal acts. Goals of these documents are to improve diagnosis, treatment and to protect of the rights and interests of people with diabetes.

«We can see positive impact for diabetes care of the CIS InterParliamentars interaction.

Productive work CIS Parliamentarians - Agreement of the treatment of people with diabetes during COVID».

Marina Shipulina RUS
People with diabetes (20-79 years)  

**2011y:** 52,770 million;  
**2021y:** 61,425.1 million  

The EUR Region has **the second highest average cost per PWSs (USD 3,086).**  
In 2021, representing **19.6%** of the total spent worldwide.

**BUT**  
The situation in the EEC is strikingly different and varies from country to country

- **Lower-middle income economies (KYR UKR UZB)**  
- **Upper-middle-income economies (AR AZ BEL GEOR RKZ MO RUSS TJC TURK)**

Ukraine is recognized as the **poorest country in Europe.**  
In the 2020, the poverty rate among Ukrainians was **51%.**
Finances

Underfunding? - Yes

BUT - Not the last problem

waste and inefficiency in the Healthcare Systems

Healthcare “Waste” defined “healthcare spending that can be eliminated without reducing the quality of care”

The New England Health Institute

Health Technology Assessment (HTA) is not implemented in every EEC (only KAZ, RUS, start UKR)

Reimbursement is implemented in MOL and UKR
100 Campaign 13.11.2015

1 in 2 people in need of insulin don’t have access to it.

CAMPAIGN
#insulinfacts #access2insulin

1 of 2 people who need access don't have access

• #insulinfacts #wdd #access2insulin
«First, a well-considered national program on diabetes is needed more than ever. Second: in this program, the issues of diabetes literacy and now digital literacy and therapeutic education for people with diabetes must be described. This is the only way to get the situation under control”.

Ruslan Zakoev KAZ

«Self-management schools have official status and funding. Training of doctors and patients. Analog insulins predominate in the treatment of types 1 and 2.».

Rimma Bazarbekova KAZ

«Biosimilars are not used (Patients receive only genetically engineered human and analog insulins). All children under 18 years receive analogue insulin. Endocrinologist number are not enough. Training of GP doctors and patients. »

Roza Sultanalieva KGZ

«A new achievement in Uzbekistan - all children under 18 years receive analogue insulin. A lot of work is done in the training of both doctors and patients»

Karina Tatinsyan UZB

«Statistic and Financial matters
• The crisis requires costs’ optimization in order to minimize its negative consequences.
• Data is everything. eHealth is the perfect solution.
• How we can easily bridge the digital divide to Improve communication for spreading better experience for becoming a part of European Data Space ASAP»

Valentina Ocheretenko UKR

«In Russian Federation, for prevention and for increasing physical activity, Nordic walking is popularized, guidelines for trainers and for the public have been developed»
COMMON PROBLEMS OF THE MAs EEC

- **Lack of statistics and very poor DATA quality**

  A total of 60 data sources from 39 countries were used to generate diabetes estimates among adults in the Region. **Estimates for 14 countries** (Austria, Denmark, Finland, France, Georgia, Greece, , Greenland, Hungary, Lithuania, Malta, Russian Federation, Turkmenistan, United Kingdom, and Uzbekistan) were based on studies conducted within the past five years.

- **Lack of national diabetes plans**

  *Not every countries have NDP*

  *One of the main reason is financial problem.*

- **Lack of diabetes education**

- **Lack of access to new technology including digital and modern medicines, firstly insulin**

  *Russian Federation and Republic Kazakhstan have better situation with devices.*

- **Lack of communication**
IDF ROLE

**IDF Europe region** – We EEC are together
We have common goals, many of the same problems.

**BUT**

EEC have specific, inherent EEC, due to the common beginning and the process of statehood formation in our countries

**EEC apply to IDF to hear EEC MAs’ Voices!**

• Co-operation with EEC should stand up to higher level of strong partnership within Europe. Modern technologies allow us to communicate over the region. Let’s start mutual Horizontal Communications.

**All together everyone can achieve more!**
THANK YOU FOR ATTENTION!