



IDF MENA Webinars - Draft Programme

2020 - 2021

- **Committee lead:** Pr Mohamed Hassanein as coordinator^{SEP}
- **Members:** Pr Jamal Belkhadir, Pr Adel Sayed, Pr Abdul Basit, Pr Mohamed Ali Eltom, Pr Rachid Malek

1. July 17th, 2020 : Diabetes and the foot - Pfizer

- a. Moderator: **Prof Jamal Belkhadir (Morocco)**
- b. Diabetic foot update: **Prof Andrew Boulton (UK)**
- c. Diabetic foot service; a local perspective: **Prof Hanan Gawish (Egypt)**
- d. Diabetic foot service; a local perspective : **Prof Abdul Basit (Pakistan)**
- e. Screening and management of painful neuropathy: **Prof Rayaz Malik (Qatar)**

2. August 29th, 2020 : Prevention of Diabetes Mellitus - Merck

Moderator : **Pr Mohamed Sandid (Lebanon)**

- a. **The importance of Pre-diabetes - Pr Adel Sayed (Egypt)**
- b. Prevalence of Prediabetes in MENA Region – **Dr Fatheya Alawadi (UEA)**
- c. Diabetes Prevention: The role of lifestyle and pharmacotherapy – **Prof Inass Shaltout (Egypt)**
- d. Prevention of Diabetes; a look into the future – **Prof Osama Hamdy (USA)**

3. September 4th, 2020 : Advanced Painful Neuropathy - Medtronic

Moderator: **Dr. Zahid Miyan (Pakistan)**

- a- Diabetic Neuropathy; Diabetes perspective – **Prof Mohamed Hassanein (UEA)**
- b- The role of pain clinic - **Prof Sam Eldabe (UK)**
- c- Spinal cord stimulation - **Prof Eric Buchser (Switzerland)**
- d- Clinical Case: Diabetes perspective–**Prof. Abdullah Al Ghamdi (KSA)**

4. September 18th, 2020 : Treatment intensification for T2D - AZ

Moderator: Prof Abdul Basit

- a. Critical Review of T2D Guidelines. **Dr Thamer Al-Essa (Kuwait)**
Objective: A review of International and Regional Guidelines suitability for MENA Region
- b. Role of SGLT2-I in treatment intensification; how and why? **Dr Alaa Abashir (UAE)**
Objective: Evidence Medicine Practical Review on When and Why to use SGLT2I for treatment intensification in T2D
- c. Optimizing Insulin Therapy for T2D. **Pr Hinde Iraqi (Morocco)**
Objective: Practical review of how to optimize Insulin for T2D

5. October 9th and 10th, 2020 : IDF MENA Conference : Diabetes in MENA Region

6. November 20th, 2020: Blood glucose monitoring - Ascensia

Moderator:

- a. Role of SMBG; when and why ?
- b. Role of SMBG; how to maximize benefit. **Erum Ghafoor (Pakistan)**
- c. Role of CGM/FGM; for inpatients

7. December 11th, 2020 T2D Early treatment - Merck

Moderator:

- a. Metformin first line choice debate?
- b. Monotherapy vs combination therapy debate

8. Late December 2020 : T2D and CVD high risk group

Moderator:

- a. Risk assessment
- b. Choice of therapy – EBM
- c. Choice of therapy in resource restricted service

9. January 2021: Dyslipidaemia in DM

Moderator:

- a. What is the primary target and how to achieve it
- b. Should we be concerned about TG & HDL?
- c. Role of the dietician

DAR CONFERENCE

10. February 2021: Diabetes and Nutrition

Moderator:

- a. What to eat? Low carbs, keto diet, etc
- b. Who is the enemy? Sugar or fat?

10. March 2021: Diabetes and Hypertension

Moderator:

- a. Prevalence and Risk of the deadly companions
- b. Guidelines for treatment
- c. Role of home BP monitoring and lifestyle measures

11. April 2021 : T2D and the Kidney

Moderator:

- a. Screening and early detection
- b. Glycaemic control – EBM
- c. Beyond glycaemic control

12. May 2021 : Diabetes and the Eyes:

Moderator:

- a. How to screen in low vs high income service
- b. What can the diabetologist do?
- c. What can the ophthalmologist do?

13. June 2021 : T1 DM Update

Moderator:

- a. Can we prevent T1D?
- b. How can we best reduce hypoglycaemia in T1D
- c. Best practice in resource restricted service.