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Prof. Makrilakis is an Associate Professor of Internal Medicine-Metabolic Diseases, at the National and Kapodistrian University of Athens (NKUA) Medical School, Laiko General Hospital, Athens, Greece. Prof Makrilakis holds a PhD from the NKUA, a Master's degree in Public Health" (MPH) Epidemiology and Biostatistics from the University of Illinois, Chicago and a Master's Degree (MSc) in "Health Units Administration", from the Hellenic Open University, Patras, Greece. He is currently working as a clinical doctor, researcher and educator at the Laiko University Hospital, in Athens, Greece, participating in the activities of the Diabetes Center and the Diabetes Foot Clinic of the Hospital as well as the Insulin Pump Outpatient Clinic. His research interests are mainly focused on epidemiology and prevention of diabetes and has participated in many European Commission-sponsored studies for the prevention of diabetes. Dr. Makrilakis is a current IDF Europe Board Member.