230 members in 164 countries and territories
The International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in 164 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is unique in being a federation of not-for-profit organisations dedicated to action on diabetes, and as such forms the largest civil society organisation in the world serving people with and affected by diabetes.

IDF is the legitimate voice of the global diabetes community. Our greatest strength lies in the capacity of its membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

IDF Members are organised at both global and regional level. Members belong to IDF at global level and are also grouped together in seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.

Our vision:
Living in a world without diabetes

Our mission:
Promoting diabetes care, prevention and a cure worldwide
Addressing the global diabetes pandemic effectively is not something that just happens. It is the result of a collective consensus, commitment and government investment in interventions that are affordable, cost-effective and based on the best available evidence. In 2017, The International Diabetes Federation (IDF) and its partners spoke with authority and delivered action across a wide range of initiatives covering diabetes care and prevention, epidemiology, statistics, health economics, health education and health system reform.

In 2017, we issued several guidelines on the management of diabetes and its associated complications. Each publication reflects IDF’s mandate to develop policies and resources to raise awareness of the need to effect change for diabetes prevention and improved care.

It has always been the remit of IDF to not only advocate for improved access to diabetes care but also to combat stigma and discrimination. Our Blue Circle Voices (BCV) initiative goes right to the heart of the challenges of living with diabetes by representing the interests of people living with, or affected by diabetes through a worldwide network of members and other stakeholders. BCV is a platform for the voices and experiences of people living with diabetes to be heard to inform our activities. It reflects many of our key core values—solidarity, compassion, cultural sensitivity and collaboration.

As I end my term as IDF President, I would like to express my gratitude for the support of all members of the IDF Board of Directors, IDF Members, IDF Staff, and the thousands of dedicated volunteers worldwide, all united in their commitment to halt the rise in diabetes and shape a healthier future.

Dr. Shaukat Sadikot
President, International Diabetes Federation 2016–17
As the world’s largest civil society organisation serving to advance diabetes care, prevention and a cure, IDF’s strength depends on unity, teamwork and collaboration. For nearly 70 years, IDF volunteers, partners and a variety of collaborative stakeholders have worked tirelessly to support our vision of a world free of diabetes. We are not there yet.

For the 2018–2019 term, our efforts will be directed towards driving critical action in diabetes care and prevention. We will continue to study and report on global diabetes trends. We will improve care by providing high quality evidence-based education on diabetes and its complications. We will empower people living with diabetes to play a central role in their own care. Above all, we will make sure our commitment to success results in lasting change that benefits the global diabetes community.

While the world can often be perceived as silent or ignoring the global diabetes crisis, IDF’s vision and mission – our unified voice – will be strengthened by concentrating efforts towards the following three areas: 1. Strengthening our partnerships; 2. Bringing about positive change through IDF programmes; 3. Increasing our global presence.

Shared values and commitment provide the foundation for strategic partnerships. We must, however, make sure that the voice of those we represent is heard. Over the next two years we will be devoting time and energy to strengthening the IDF Member network globally, nationally and locally. We will look to collaborate more closely with global organisations who share our concern. We will strengthen and broaden our corporate partnerships and we will strengthen our regional networks.

IDF’s mission is achieved through the development of high-quality global programmes that drive policy agendas at local, national and regional levels. Based on a life-course approach, IDF programmes for 2018–2019 are divided into six main work streams: 1. Diabetes prevention; 2. Diabetes education; 3. Patient engagement; 4. Access to care; 5. Epidemiology; and 6. Humanitarian action. The work conducted under each stream will be informed by scientific evidence and the priorities defined by our Board in open dialogue with key stakeholders.

As the primary global advocate for diabetes, we are informed and supported by our status as the global reference for epidemiological data on diabetes, and the evidence and policies developed to execute IDF programmes. In the months ahead, we will engage with international bodies, leading political platforms and national governments to effect tangible, beneficial and long-term change for people with diabetes.

Our objective is clear: to outline specific actions that will support people with diabetes and implement measures to slow or halt the global diabetes epidemic.

Effectively implementing this ambitious programme of work will not be possible without the continued dedication and commitment of our membership, partners and wider network of experts and volunteers, who represent our greatest strength and the source of inspiration for much that we do. I look forward to working alongside you all to improve the lives of all people affected by diabetes, particularly those most vulnerable, and help achieve our ultimate ambition of a world free of diabetes.

Prof. Nam H. Cho
President, International Diabetes Federation 2018–19

Our objective is clear: to outline specific actions that will support people with diabetes and implement measures to slow or halt the global diabetes epidemic.
The global voice of people living with diabetes

As the global voice of diabetes, IDF aims to have a strong presence on the global stage.

Three main objectives inform our activities:

- Increasing global recognition of IDF and diabetes.
- Advocating globally for people with diabetes and those at risk.
- Empowering people living with diabetes.
World Diabetes Day

World Diabetes Day (WDD) – marked every year on 14 November – is the world’s largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign highlights issues of paramount importance to the global diabetes community and keeps diabetes firmly in the public spotlight. It aims to be the global driver for change to reduce the huge economic burden of diabetes and improve the lives of people with diabetes.

World Diabetes Day 2017 focused on raising awareness of the disproportionate impact of diabetes on women. The campaign led by IDF promoted the importance of affordable and equitable access for all women at risk of or living with diabetes to the essential medicines and technologies, self-management education and information they require to achieve optimal diabetes outcomes and strengthen their capacity to prevent type 2 diabetes.

IDF marked the day with a stakeholder event in Brussels that brought together representatives from government, the health sector and civil society to discuss key issues of importance to the diabetes agenda through the prism of women. Data released in the IDF Diabetes Atlas 8th edition, launched on World Diabetes Day, indicate that:

- Over 200 million women are currently living with diabetes.
- Many face multiple barriers in accessing cost-effective diabetes prevention, early detection, diagnosis, treatment and care, particularly in developing countries.
- Women with diabetes are more likely to be poor and have less resources, face discrimination and have to survive in hostile social environments.
- Diabetes is a serious and neglected threat to the health of mother and child, affecting one in six births and linked to complications during and after delivery.

United by the blue circle, the global symbol for diabetes awareness and logo of World Diabetes Day, IDF’s member associations and the wider diabetes community rallied around the theme and key messages of the campaign by organising a multitude of awareness activities around the world throughout the month of November. Over 1,300 activities in 114 countries were registered on the World Diabetes Day website.

Over 1,300 activities in 114 countries were registered on the World Diabetes Day website.

www.worlddiabetesday.org
Organised every two years, the IDF Congress provides a platform to discuss a broad range of issues relating to diabetes, from the latest scientific advances to cutting-edge information on education, diabetes care, advocacy and awareness. Participants include physicians, scientists, nurses, educators and other healthcare professionals, as well as government representatives, policy makers, people with diabetes, industry, IDF national member associations and media.

The 24th edition of the IDF Congress was held in Abu Dhabi, the capital of the United Arab Emirates, from 4 to 8 December.

Delegates from over 160 countries joined together under the patronage of His Highness Sheikh Mohammed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and with high level participation from the Abu Dhabi Department of Health.

The IDF 2017 scientific programme brought the latest developments in diabetes clinical practice, management, education, prevalence and public health issues to 7,500 international healthcare professionals from 182 countries; providing over 160 hours of sessions spread over nine streams; convening 330 high-level speakers; and displaying 1,000 posters. The programme was accredited with a record 25 CME credits.

More than 40 international exhibitors witnessed a prestigious opening of the exhibition floor, led by the Chairman of the Department of Health – Abu Dhabi, while over 100 IDF national member associations showcased their activities in the Global Village.

The exhibition floor remained lively and engaging throughout the congress with attractive e-poster sessions, food trucks, inviting networking spaces and a well-attended Diabetes Spotlight for short and informative programme and industry sessions.

[www.idf.org/congress]
Empowering people living with diabetes

People living with diabetes and those at risk, as well as their carers and relatives, must be placed at the forefront when developing new policies designed to prevent the development of type 2 diabetes, support people with diabetes and promote patient-centred healthcare. They also form a formidable force in presenting a clear and vocal case for the rights of people living with diabetes worldwide.

Several IDF initiatives and activities aim to ensure that the voices of people with diabetes are prominently heard, both nationally and globally, and that their concerns and priorities are taken into account during policy development.

Blue Circle Voices

Blue Circle Voices (BCV) is a global network of people living with or affected by diabetes, which strives to identify and represent the interests of people affected by diabetes and create a strong advocacy group to enhance IDF’s presence in global fora. By December 2017, 130 people from around the world had joined the network.

During the year, IDF organised several online consultations with the network. The first, conducted in March, established its four priorities:

- Ensuring access to, and affordability of, medicines and care.
- Improving diabetes education for people living with diabetes and healthcare professionals.
- Prioritising type 2 diabetes prevention.
- Eradicating discrimination.

The second consultation, conducted in October, focused on barriers to access to care and concluded that up to three-quarters of BCV members have experienced at least one barrier, with affordability of care and medicines identified as the number one barrier. The results of the third BCV consultation on patient-centred care were published in March 2018.

Other initiatives in 2017 included the collection of BCV member testimonials, which IDF used to advocate on behalf of people affected by diabetes at a global level; the development of policy recommendations to improve access to care in Brazil and South Africa; and the participation of BCV members in IDF events, such as the panel discussion held during the 70th World Health Assembly and World Diabetes Day.

www.idf.org/bluecirclevoices
Empowering people living with diabetes

Young Leaders in Diabetes

IDF Young Leaders in Diabetes (YLD) is a unique programme that brings together young people living with diabetes to learn from one another, share best practices and make the world a better place for everyone living with diabetes. The programme identifies and supports the development of young leaders within the international diabetes community, empowering and educating them to support IDF’s mission through the strengthening of relations with IDF members.

2017 marked the end of the YLD 2015–2017 programme, which saw the development of 33 individual projects on diabetes education, awareness and advocacy in over 20 countries. 23 YLD candidates and nine YLD mentors graduated from the programme after successfully implementing national projects and supporting IDF and its members.

IDF welcomed 68 bright and enthusiastic young people nominated by IDF members who became part of the YLD 2017–2019 class, joining the 20 mentors from previous classes. In December, many of them gathered in Abu Dhabi for the YLD Training and Leadership Summit, held during the IDF Congress 2017. This provided a fantastic opportunity for them to meet people from around the world, learn from others and share experiences, while learning how to become the leaders of tomorrow.

www.idf.org/youngleaders

Advocating globally for people with diabetes and those at risk

IDF aims to promote change, development and growth through the implementation of effective advocacy campaigns informed by IDF projects and activities. The main objective is to outline specific actions that will support people with diabetes and help implement effective policies to halt the global epidemic of type 2 diabetes.

Advocating for action at high-level political meetings

In 2017, IDF continued to bring diabetes to the forefront of the global political agenda. During the 70th World Health Assembly (WHA) in May, IDF organised a panel discussion that examined ways of overcoming barriers to access to diabetes medicines in vulnerable populations. Dr Etienne Krug, WHO Director for Management of Non Communicable Diseases, was a key speaker, alongside frontline healthcare workers and members of the Blue Circle Voices network.

Following successful G7 and G20 campaigns in 2015 and 2016, IDF continued calling for increased political action on the occasion of these key international meetings. The Federation requested that G7 member states show leadership in improving access to diabetes medicines and care at the global level, and called on G20 Leaders to adopt cost-effective interventions to improve type 2 diabetes prevention and management.

In November 2017, IDF kicked off a major advocacy campaign in the lead up to the UN High Level Meeting (HLM) on noncommunicable diseases (NCDS). This meeting, likely to take place in September 2018, will be the main NCD-focused meeting of the last four years. IDF launched a call to action to governments focused on the urgent need to improve diabetes education, prevention and access to care and increase the fight against stigma and discrimination. This call was supported by the release of an advocacy toolkit, which will guide national actions by IDF members and supporters throughout 2018.

www.idf.org/our-activities/advocacy-awareness.html

IDF launched a call to action to governments focused on the urgent need to improve diabetes education, prevention and access to care and increase the fight against stigma and discrimination
IDF’s mission is supported through the development of high-quality programmes and resources to inform and guide policy agendas at the national, regional and global levels. These programmes aim to:

- Promote prevention of type 2 diabetes and the complications associated with diabetes.
- Improve health outcomes for people with diabetes through better education and access to primary care services.
- Develop evidence-based and authoritative position statements and guidelines, as well as standards for care and continued professional development.
- Drive integrated policy making to raise awareness of diabetes within all areas of political engagement.
Building the evidence to inform the global response to diabetes

**IDF Diabetes Atlas**

First produced in 2000, the *IDF Diabetes Atlas* is one of the Federation’s flagship publications, featuring the evidence that informs all its projects and activities. The 8th edition of the Atlas was released on 14 November – World Diabetes Day.

The new figures included in the *IDF Diabetes Atlas 8th edition* – 425 million adults with diabetes in 2017, and an estimated 629 million by 2045 – reiterate the need for urgent action to tackle the economic and social burden that diabetes represents around the world. But the publication is not limited to outlining the extent of the problem and contains recommendations for actions that can be taken to reduce the impact of diabetes locally, regionally and globally. These include:

- Promotion of high-quality research on diabetes epidemiology through the strengthening of surveys and regular surveillance systems.
- Prioritisation of diabetes care and control through appropriate training of healthcare personnel and improved access to essential medicines.
- Implementation of national plans and strategies that aim to strengthen government services.
- Extension of health promotion to prevent type 2 diabetes and its complications.

The *IDF Diabetes Atlas 8th edition* features data on expanded age groups for children and adolescents with type 1 diabetes (0–19 years), complementary data on diabetes prevalence (18–99 years and 65–99 years), and a dedicated chapter on diabetes complications.

The *IDF Diabetes Atlas* is available in six languages (Arabic, Chinese, English, French, Russian and Spanish) as a free download, along with a series of related resources that include global and regional factsheets and detailed country statistics and reports.

[www.diabetesatlas.org](http://www.diabetesatlas.org)

**Diabetes and cardiovascular disease**

In 2017, IDF initiated a multi-country study, in collaboration with Novo Nordisk, to collect evidence of awareness and knowledge of the link between cardiovascular disease (CVD) and type 2 diabetes.

Taking Diabetes to Heart – launched on World Heart Day – aims to identify gaps in CVD risk awareness and knowledge among people living with type 2 diabetes by using real-world data collected through an online survey to assess the effectiveness of CVD information currently available. The findings and results will be used to:

- Facilitate the development of awareness and education campaigns, tools and resources for policy makers, healthcare professionals and people with diabetes.
- Alert key stakeholders to the need for further action linked to CVD and diabetes.
- Strengthen the response to the rising prevalence of cardiovascular disease at the population level, particularly among high-risk groups.

The Taking Diabetes to Heart survey was available in over 30 languages and remained open until the end of May 2018. Interim results were presented at the IDF Congress 2017 in Abu Dhabi, UAE. A global report will be published in late 2018.

[www.idf.org/takingdiabetes2heart](http://www.idf.org/takingdiabetes2heart)
Access to medicine and care

Access to essential diabetes medicines and care remained a key focus of IDF’s work in 2017. In May, the Federation published the findings of its global survey on Access to medicines and supplies for people with diabetes, outlining the current situation regarding access to insulin and other essential diabetes and CVD medicines, technologies and supplies from the perspective of people with diabetes and health professionals across all IDF regions.

The main findings include:

- Insulin, in its various types, was always available at the service delivery point in over 80% of high-income countries, compared with less than 15% in low-income countries.
- Other diabetes medicines, such as metformin and sulfonylureas, were available in over 80% of high-income countries, compared with less than 20% in low-income countries.
- The availability of diabetes supplies varied between close to 80% in high-income countries and less than 15% in low-income countries.

The data collected also evidenced the challenges faced by people with diabetes on a daily basis and provided evidence on actionable public health solutions for policy makers, policy implementers and diabetes advocates. The report showed how inter-sectoral collaboration is needed to create sustainable strategies, strengthen health systems and improve access to medicines and supplies that impact the lives of those with diabetes.

Later in 2017, IDF circulated an online survey to more than 40 of its member associations asking them about the availability, accessibility and affordability of medicines at a national level. The survey explored the cost of diabetes for individuals and societies and looked at existing health insurance schemes and their coverage. The findings contributed to a more comprehensive understanding of what is causing barriers to access to medicines so that inequities and inefficiencies in the global medicine market can be addressed.

www.idf.org/our-activities/care-prevention/access-to-medicine.html

Improving management of diabetes and its complications

IDF Clinical Practice Recommendations on the Diabetic Foot

Diabetic foot disease, mainly due to neuropathy, peripheral arterial disease, and/or infection, is one of the most costly complications of diabetes, and can result in an important economic, social and public health burden; especially in low-income communities.

Published in 2017, the IDF Clinical Practice Recommendations on the Diabetic Foot are simplified, easy-to-understand guidelines that enable healthcare practitioners to prioritise early intervention of the diabetic foot with a sense of urgency. The main aims of the guidelines are to:

- Promote early detection and intervention.
- Provide the criteria for time adequate referral to second or third level centres.
- Serve as a tool to educate people with diabetes on the importance of prevention of diabetic foot.

A Diabetic Foot Screening Pocket Chart has also been produced, providing tips on screening for clinicians.

Around 90% of people with diabetes have type 2 diabetes. From its onset until the symptoms develop, many people with undiagnosed diabetes already have complications such as chronic kidney disease, heart failure, retinopathy and neuropathy. Early detection, diagnosis, and cost-effective treatments can save lives and prevent or significantly delay devastating diabetes-related complications.

In 2017, IDF assessed how surveyed primary care physicians (PCPs) responded to the most common questions that address the daily care of people with type 2 diabetes. After identifying common ground across diagnosis, management, goal-setting and different levels of prevention, their work resulted in the **IDF Clinical Practice Recommendations for Managing Type 2 Diabetes in Primary Care**. These provide PCPs and their healthcare teams with 78 practical and applicable recommendations covering all the fields of diabetes management.

**BRIDGES 2**

In an ongoing effort to help use lessons learned from clinical research to benefit people affected by diabetes, IDF and Eli Lilly and Company came together for the second phase of the Bringing Research in Diabetes to Global Environments and Systems programme (BRIDGES 2), reaffirming their commitment to helping people with diabetes effectively manage their condition.

BRIDGES 2 builds upon the work undertaken and the lessons learned during the initial phase of the programme (2007–2015). It will fund and replicate a selection of projects from the initial phase, placing an emphasis on the secondary prevention of diabetes and a strong involvement of local public health authorities. This will facilitate the implementation of established evidenced-based interventions and approaches to diabetes care.

Two calls for grant proposals were launched in 2017. Following a detailed peer-review process, three projects were selected to disseminate the successful approaches of previous BRIDGES projects:

- **A randomised trial on an intensive education intervention using a mobile application and network of people living with diabetes to implement glycaemic control** – Novena University (Delta State, Nigeria).
- **A community-based randomised trial and lifestyle intervention using a targeted shared care approach to pregnancy outcomes in Nigerian women with gestational diabetes** – College of Medicine of University of Nigeria (Enugu, Nigeria).
- **A randomised trial on the suitability of peer education to improve diabetes management and outcomes in a low-income setting** – Universitas Syiah Kuala (Banda Aceh, Indonesia), in collaboration with Georg-August Universität (Gottingen, Germany).

Each of the three implementation sites will receive funding and mentorship to implement a tailor-made secondary diabetes prevention programme. The lead investigators of the selected projects from the first phase of BRIDGES will supervise and provide mentorship throughout their duration.

BRIDGES 2 will enable established evidenced-based interventions and community-oriented approaches to diabetes care to be implemented in different settings, with the ultimate aim of improving health outcomes for people living with diabetes.

BRIDGES 2 is a joint programme of the International Diabetes Federation (IDF) and Eli Lilly and Company (Lilly).

**www.idf.org/our-activities/epidemiology-research/bridges-2.html**
Tackling the barriers and gaps in diabetes education

IDF School of Diabetes

Building on its long track record of developing evidence-based educational resources for both people living with diabetes and health professionals, the IDF School of Diabetes was launched in 2016 to deliver high-quality, evidence-based diabetes education for health professionals, people with diabetes and caregivers worldwide.

The objectives of the IDF School of Diabetes are to:

- Advance the development of a global health workforce prepared to meet the needs of people living with diabetes.
- Fill the gaps that currently exist with regards to effective diabetes diagnosis, prevention, quality care, and treatment strategies around the world.
- Provide innovative, high-quality education programmes for health professionals engaged in diabetes management and care and educational resources for people with diabetes and caregivers.

The IDF School of Diabetes features three tailor-made online courses targeting diabetes educators, primary care physicians & general practitioners, and specialists, as well as a series of free short courses focusing on prevention of type 2 diabetes, diabetic retinopathy and diabetes and cardiovascular disease. The courses were developed with the scientific support and guidance of a global network of more than 60 diabetes experts. Over 4,500 learners from 167 countries are currently registered.

The IDF School of Diabetes is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).

IDF Online Short Course

Diabetes and Cardiovascular Disease (CVD)

Key features:
- Certificate of completion
- Interactive exercises
- Case studies
- Additional resources
- Self-paced learning

D-NET – the IDF diabetes network for health professionals

D-NET is the first global online platform for health professionals engaged in diabetes care. It includes the following features:

- Monthly discussions led by international experts.
- A library that hosts both scientific articles and educational materials.
- A global event calendar detailing the latest diabetes activities taking place around the world.
- Interactive, evidence-based modules on diabetes care management.

The platform continued to grow in 2017 and by the end of the year had attracted over 14,000 members from 188 countries.

D-NET has attracted over 14,000 members from 188 countries

Over 4,500 learners from 167 countries are currently registered in the IDF School of Diabetes

https://d-net.idf.org
Tackling the barriers and gaps in diabetes education

**IDF Centres of Education and Excellence in Diabetes Care**

IDF designates diabetes institutions and organisations to form part of an international voluntary network to initiate, coordinate, facilitate and conduct high-quality education for multidisciplinary healthcare professionals in diabetes and other related chronic diseases. The Federation also recognises hospitals, clinics and centres that provide holistic diabetes care and management.

In July, IDF reopened applications for its **Centres of Education and Excellence in Diabetes Care**. The names of the first Centres were announced at the IDF Congress 2017, with 38 designated as **IDF Centres of Education** and 27 as **IDF Centres of Excellence in Diabetes Care** for the period 2018–2019.

Applications remain open throughout the year.

**IDF Centres of Education**: www.idf.org/our-activities/education/centres.html

**IDF Centres of Excellence in Diabetes Care**: www.idf.org/our-activities/education/centres-excellence-care.html

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**KiDS and Diabetes in Schools (KiDS)**

The **KIDS and Diabetes in Schools (KiDS)** project was developed to help foster a safe and supportive school environment for children with type 1 diabetes and raise awareness of the prevention of type 2 diabetes. KiDS was piloted in Brazil and India, two emerging countries where the incidence of both type 1 and type 2 diabetes is increasing significantly.

A key component of the project is the KiDS information pack, which provides tailored information for teachers, students (6–14 years) and parents. The pack is currently available in 13 languages and has been culturally adapted for different settings. It is complemented by a desktop and tablet application and animated video.

The KiDS information pack has been downloaded over 16,000 times and more than 5,800 teachers and 46,000 children have been trained using KiDS educational materials. Over 60 countries are currently engaged with the project.

https://kids.idf.org/
Providing diabetes care where it’s needed most

People living with diabetes need uninterrupted access to medicines and care, healthy food, and safe environments for physical activity, as well as information and guidance on how to manage their diabetes to prevent the development of complications. Undiagnosed and poorly controlled diabetes can lead to acute and life-threatening complications such as blindness, amputation, kidney failure, cardiovascular events and early death. Caring for diabetes becomes even more difficult when resources are scarce or in times of emergency.

As the largest NGO in the field of diabetes, IDF has for many years engaged in humanitarian action, primarily through the *IDF Life for a Child* Programme, providing essential diabetes care and education to children with type 1 diabetes in developing countries.

**IDF Life for a Child**

Accessing life-saving insulin and blood glucose monitoring equipment is often difficult, and sometimes impossible, in less-resourced countries. Without these supplies and the diabetes education required to use them, many young people die soon after being diagnosed or develop complications very early. This is where the *IDF Life for a Child (LFAC)* programme steps in. The programme has been providing life-saving diabetes education and care to children with diabetes in need since 2000.

*IDF Life for a Child* currently partners with diabetes centres in 41 less-resourced countries to provide over 18,500 young people with:

- Insulin, syringes, blood glucose monitoring equipment and test strips.
- HbA1c testing.
- Diabetes education, resources, workshops and camps.

The programme’s ultimate aim is for supported centres and countries to become self-sufficient in diabetes care. In addition to providing essential supplies, *IDF Life for a Child* also conducts clinical research, develops advocacy campaigns and works to implement sustainable solutions.

### Highlights of IDF Life for a Child’s activities in 2017 included:

- Over 18,500 young people living with diabetes across 41 less-resourced countries were provided with essential diabetes care.
- Age-appropriate diabetes education resources were developed in Singhalese and Tamil, increasing the number of languages available in the LFAC online education resource library to 19.
- Research studies were published in various leading peer-reviewed journals.
- Outcome comparisons across clinics were used to identify gaps and improve care.
- Workshops, education sessions and mentoring site visits by international experts were facilitated in supported countries.
- A series of wall charts covering key areas of diabetes management in children was developed and distributed to supported centres.

www.lifeforachild.org

Amita’s story

Amita is a 13-year-old girl supported by *IDF Life for a Child* in Nepal. When Amita was 11, she was rushed to hospital in diabetic ketoacidosis. Her family live in a very poor and isolated village in rural Nepal, and it would have been impossible for them to afford the insulin and supplies she needed to survive. *IDF Life for a Child* provided Amita with insulin, a blood glucose meter, strips and education resources so she could manage her diabetes. She now visits the clinic regularly for follow-up and is doing well, including achieving good marks at school. She dreams of becoming a teacher.
Highlights from the IDF regions
Africa (AFR)

The IDF Africa Regional Council meeting took place in Addis Ababa, Ethiopia, from 24–26 August 2017, bringing together 62 delegates from regional member associations. It provided a forum for members to discuss their activities, as well as the region’s wider progress towards achieving its mission, and diabetes in Africa more generally. Delegates also deliberated on the research findings in the article ‘Diabetes in Sub-Saharan Africa: from clinical care to health policy’ published in The Lancet in July 2017.

Europe (EUR)

IDF Europe region’s long-term advocacy strategy, Mobilising for Diabetes (M4D), led to increased contacts with European Union policy makers throughout 2017. Thanks to a new collaboration with the Committee of the Regions (the European Union assembly of regional and local representatives), IDF Europe was able to extend its network of policy makers at national and regional levels to promote key initiatives such as IMPACT diabetes (Initiative to Mobilise Parliamentarians to Act to prevent, Care and Treat Diabetes). Through IMPACT diabetes, IDF Europe is contributing to a more informed political environment, where knowledge and understanding are provided by people living and working with diabetes, so that effective policies are developed, adopted, financed, implemented and evaluated.

At the IDF Congress 2017 in Abu Dhabi, IDF Europe launched a new publication to map the gaps and patterns of non-adherence in the implementation of evidence to the practical management of diabetes. Entitled Integrating diabetes evidence into practice: challenges and opportunities to bridge the gaps, it defines the current landscape in relation to diabetes in Europe and identifies barriers and solutions for implementing diabetes evidence into practice.

Middle East and North Africa (MENA)

In May 2017, the IDF MENA region organised a conference in Alexandria in collaboration with the Egyptian Diabetes Association to mark the 10th anniversary of the United Nations Resolution on Diabetes. This international gathering focused on expanding the scientific basis to inform diabetes clinical practice and featured workshops on the implementation of national diabetes programmes and the development of guidelines for the management of diabetes care.

The MENA region continued its work in support of refugees affected by diabetes through a dedicated programme that sets up free clinics for this vulnerable population. This assisted close to 2,000 refugees with type 1 and type 2 diabetes in nine clinics throughout Lebanon, providing free medication, education and screening for diabetes complications.

North America and Caribbean (NAC)

The IDF North America and Caribbean Regional Council meeting was held in Guadalajara, Mexico from 25–26 March 2017, with delegates from Anguilla, Antigua and Barbuda, Barbados, Belize, Canada, Cayman Islands, Guyana, Mexico and St Lucia taking part. Focuses for discussion included an updated business plan for the region and fundraising. IDF Young Leaders in Diabetes from the NAC region attended the meeting for the first time, and their participation resulted in the creation of a committee to specifically address issues that young people with diabetes face.

Despite major interruptions and damage caused by hurricanes in the region, every IDF member made it a priority to focus on women and diabetes for World Diabetes Day. Activity highlights included the launch of a dedicated Women and diabetes magazine in St Lucia and leadership training organised by IDF Young Leaders in Guyana which featured 30 ‘Ladies of distinction’.

South and Central America (SACA)

The second International Diabetes Forum took place in the Dominican Republic from 27–30 April 2017, organised by the IDF SACA region and the Latin American Diabetes Association (ALAD) in collaboration with the Dominican Republic Society of Endocrinology and Nutrition (SODENN), the National Institute of Diabetes (INDEN) and the Dominican Society of Diabetes (SODODIA). Over 300 endocrinologists, diabetologists, diabetes educators and other professionals from throughout Latin America and the Caribbean gathered to discuss important issues and strategic solutions for diabetes professionals and people living with or at high risk of diabetes. The programme consisted of seven symposiums and six lectures that focused on topics including the prevention of diabetes complications, challenges in modern pharmacology, diabetes and tuberculosis, and diabetes and pregnancy.

South-East Asia (SEA)

The Diabetes India 2017 Seventh World Congress was held in New Delhi from 23–26 February, bringing together over 3,000 diabetes experts and stakeholders to exchange innovative thoughts and ideas to address the growing burden of diabetes in India – home to the second largest number of people with diabetes worldwide – and the wider region. Key conference focus areas included prevention, detection, control and access to appropriate interventions.
The organisation

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Partnership
### Europe (EUR)

**Chair:** Şehnaz Karadeniz, Turkey  
**Chair-elect:** Niti Pall, United Kingdom

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<td>Belarus</td>
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<td>Belgium</td>
<td>Association Belge du Diabète; Diabetes Liga</td>
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<tr>
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<td>Bulgarian Diabetes Association; Bulgarian Society of Endocrinology</td>
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<td>Croatia</td>
<td>Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga</td>
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<tr>
<td>Cyprus</td>
<td>Cyprus Diabetic Association</td>
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<td>Czech Republic</td>
<td>Ceska Diabetologicka Spolecnost; SVAZ Diabetikù Ceske Republiky</td>
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<td>Diabetesforeningen</td>
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<td>Greece</td>
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<td>Magyar Diabetes Tarsasag; National Federation of Hungarian Diabetics</td>
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<td>Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Societa Italiana di Diabetologia</td>
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<td>Latvia</td>
<td>Latvian Diabetes Association; Latvian Diabetes Federation</td>
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<tr>
<td>Lithuania</td>
<td>Lithuanian Diabetes Association</td>
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<td>Luxembourg</td>
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<td>Norway</td>
<td>Norges Diabetesforbund</td>
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<td>Poland</td>
<td>Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne</td>
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</table>
## Middle East and North Africa (MENA)

**Chair:** Nizar Al Bache, Syria  
**Chair-elect:** Abdul Basit, Pakistan

<table>
<thead>
<tr>
<th>Country</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Afghanistan</td>
<td>Afghanistan Diabetes Association</td>
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<tr>
<td>Bahrain</td>
<td>Bahrain Diabetes Society</td>
</tr>
<tr>
<td>Egypt</td>
<td>Arabic Association for the Study of Diabetes &amp; Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association</td>
</tr>
<tr>
<td>Iran</td>
<td>Iranian Diabetes Society</td>
</tr>
<tr>
<td>Iraq</td>
<td>Iraqi Diabetes Association</td>
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<tr>
<td>Jordan</td>
<td>Jordanian Society for the Care of Diabetes</td>
</tr>
<tr>
<td>Kuwait</td>
<td>Kuwait Diabetes Society</td>
</tr>
<tr>
<td>Lebanon</td>
<td>Chronic Care Center; Lebanese Diabetes Association</td>
</tr>
<tr>
<td>Libya</td>
<td>Libyan Diabetic Association; Libyan Pediatric Diabetes Society</td>
</tr>
<tr>
<td>Morocco</td>
<td>Ligue Marocaine de Lutte contre le Diabète</td>
</tr>
<tr>
<td>Oman</td>
<td>Oman Diabetes Society</td>
</tr>
<tr>
<td>Pakistan</td>
<td>Diabetic Association of Pakistan</td>
</tr>
<tr>
<td>Palestine</td>
<td>Diabetes Palestine</td>
</tr>
<tr>
<td>Qatar</td>
<td>Qatar Diabetes Association</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association</td>
</tr>
<tr>
<td>Sudan</td>
<td>Sudanese Diabetes Association</td>
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<td>Syria</td>
<td>Syrian Diabetes Association</td>
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<td>United Arab Emirates</td>
<td>Emirates Diabetes Society</td>
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<tr>
<td>Yemen</td>
<td>Yemen Diabetes Association</td>
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</tbody>
</table>

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**The Organisation**

**Forewords**

The global voice of people living with diabetes

Global programmes to drive diabetes prevention and policy development

Highlights from the IDF regions

The organisation

Partnership

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**Home**
North America and Caribbean (NAC)
Chair: Sharon Fraser, Belize
Chair-elect: Glynis Alonzo Beaton, Guyana

Anguilla: Anguilla Diabetes Association
Antigua and Barbuda: Antigua and Barbuda Diabetes Association
Aruba: Aruba Diabetes Foundation
Barbados: Diabetes Association of Barbados
Belize: Belize Diabetes Association
Bermuda: Bermuda Diabetes Association
British Virgin Islands: British Virgin Islands Diabetes Association
Canada: Canadian Diabetes Association; Diabète Québec
Cayman Islands: Cayman Islands Diabetes Association
Curacao: Sosiedat Kurasoleno di Diabetiko
Dominica: Dominica Diabetes Association
Grenada: Grenada Diabetes Association
Guyana: Guyana Diabetic Association
Haiti: Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires
Jamaica: Diabetes Association of Jamaica
Mexico: Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología
Montserrat: Montserrat Diabetes Association
Sint Maarten: Diabetes Foundation of Sint Maarten
St Kitts & Nevis: St Kitts Diabetes Association
St Lucia: St Lucia Diabetic and Hypertensive Association
Suriname: Diabetes Vereniging Suriname
The Bahamas: Bahamas Diabetic Association
Trinidad and Tobago: Diabetes Association of Trinidad and Tobago
USA: American Association of Diabetes Educators; American Diabetes Association

South and Central America (SACA)
Chair: Ammar Ibrahim, Dominican Republic
Chair-elect: Balduino Tschiedel, Brazil

Argentina: Asociación Civil de Diabetes Argentina; Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
Bolivia: Sociedad Boliviana de Endocrinologia, Metabolismo y Nutrición; Vivir con Diabetes
<table>
<thead>
<tr>
<th>Country</th>
<th>Organizations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brazil</td>
<td>Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Sociedade Brasileira de Diabetes</td>
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<tr>
<td>Chile</td>
<td>Asociación de Diabéticos de Chile; Fundación Diabetes Juvenil de Chile; Sociedad Chilena de Endocrinología y Metabolismo</td>
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<td>Colombia</td>
<td>Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad</td>
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<td>Costa Rica</td>
<td>Asociación nacional pro estudio de la diabetes, endocrinología y metabolismo</td>
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<td>Cuba</td>
<td>Sociedad Cubana de Diabetes</td>
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<td>Dominican Republic</td>
<td>Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes</td>
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<td>Ecuador</td>
<td>Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos “Casa de la Diabetes”</td>
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<td>El Salvador</td>
<td>Asociación Salvadoreña de Diabéticos</td>
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<td>Honduras</td>
<td>Asociación Nacional de Diabéticos de Honduras</td>
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<td>Nicaragua</td>
<td>Asociación de Padres de Niños y Jovenes Diabéticos de Nicaragua; Fundación Nicaragüense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos</td>
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<tr>
<td>Panama</td>
<td>Asociación Panameña de Diabéticos</td>
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<tr>
<td>Paraguay</td>
<td>Fundación Paraguaya de Diabetes; Sociedad Paraguaya de Diabetología</td>
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<td>Peru</td>
<td>Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Perú</td>
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</table>

**South-East Asia (SEA)**

**Chair:** Anil Bhoraskar, India  
**Chair-elect:** Ali Siyan, Maldives

<table>
<thead>
<tr>
<th>Country</th>
<th>Organizations</th>
</tr>
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<tbody>
<tr>
<td>Bangladesh</td>
<td>Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association</td>
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<tr>
<td>India</td>
<td>Diabetic Association of India; Research Society for the Study of Diabetes in India</td>
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<td>Maldives</td>
<td>Diabetes Society of Maldives</td>
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<td>Mauritius</td>
<td>Mauritius Diabetes Association</td>
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<tr>
<td>Nepal</td>
<td>Nepal Diabetes Association</td>
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<tr>
<td>Sri Lanka</td>
<td>Diabetes Association of Sri Lanka</td>
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</tbody>
</table>

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**Highlights from the IDF regions**

**The organisation**

**Partnership**
THE ORGANISATION

Western Pacific (WP)

Chair: Wayne H H Sheu, Taiwan
Chair-elect: Linong Ji, China

Australia
Diabetes Australia

Cambodia
Cambodian Diabetes Association

China
Chinese Diabetes Society

Democratic People's Republic of Korea
Diabetes Committee of Hospitals Association of Korea

Fiji
Diabetes Fiji

Hong Kong, SAR, China
Diabetes Hongkong; Hong Kong Juvenile Diabetes Association; Hong Kong Society of Endocrinology, Metabolism and Reproduction

Indonesia
Persatuan Diabetes Indonesia

Japan
Japan Association for Diabetes Education and Care; Japan Diabetes Society

Korea, Republic of
Korean Diabetes Association

Macau, China
Macau Diabetes Association

Malaysia
Diabetes Malaysia

Mongolia
Mongolian Diabetes Association

New Zealand
Diabetes New Zealand

Papua New Guinea
Diabetic Association of Papua New Guinea

Singapore
Association of Diabetes Educators; Diabetic Society of Singapore

Taiwan, China
Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators

Thailand
Diabetes Association of Thailand

The Philippines
Diabetes Philippines

Tonga
Tonga Diabetes Association

Vanuatu
Vanuatu Diabetes Association

Vietnam
Vietnamese Association of Diabetes and Endocrinology

TRANSNATIONAL MEMBERS

Diabetes in Asia Study Group
European Association for the Study of Diabetes
Juvenile Diabetes Research Foundation International
Mediterranean Group for the Study of Diabetes
Société Francophone du Diabète
The Asian Association for the Study of Diabetes
IDF Board of Directors

**President:** Shaukat Sadikot, India
**President-elect:** Nam Cho, Republic of Korea

**Vice-Presidents**
Angus Forbes, United Kingdom
Luis Gardete-Correia, Portugal
Akhtar Hussain, Norway
Serge Langlois, Canada
Zobida Ragbirsingh, Trinidad & Tobago

**Regional Chairs**
Ahmed Reja, Ethiopia, AFR
Şehnaz Karadeniz, Turkey, EUR
Nizar Al Bache, Syria, MENA
Sharon Fraser, Belize, NAC
Ammar Ibrahim, Dominican Republic, SACA
Anil Bhoraskar, India, SEA
Wayne H H Sheu, Taiwan, WP

**Honorary presidents**
George Alberti, UK
Jasbir Bajaj, India
María L. de Alva, Mexico
Jak Jervell, Norway
Pierre LeFèvre, Belgium
Wendell Mayes Jr., USA
Lorna Mellor, Australia
Manuel Serrano Rios, Spain
Samad Shera, Pakistan
John R. Turtle, Australia
Paul Zimmet, Australia
Martin Silink, Australia
Jean Claude Mbanya, Cameroon
Michael Hirst, UK

**Honorary members**
Azad Khan, Bangladesh
Ronald McNeill Decker, Australia
Thomas O Johnson, Nigeria
Michiel Krans, The Netherlands
Alister McIntyre, Jamaica
Linda Siminerio, USA
Sunthorn Tandhanand, Thailand
Brian Wentzell, Canada

**Board Standing Committees**

**Audit and Risk Management Committee**

**Chair:** Serge Langlois, Canada
Nizar Albache, Syria
Zobida Ragbirsingh, Trinidad and Tobago

**Finance and Administration**

**Acting Chair:** Serge Langlois, Canada
Anil Bhoraskar, India
Akhtar Hussain, Norway
Ammar Ibrahim, Dominican Republic

**Strategic Governance and Ethics**

**Acting Chair:** Sharon Fraser, Belize
Alieu Gaye, Gambia
Ahmed Reja, Ethiopia
Other committees

Nominating Committee
Chair: Sir Michael Hirst, United Kingdom
Anne Belton, Canada
Nam Cho, Republic of Korea
Trisha Dunning, Australia
Adolfo Perez-Comas, Puerto Rico
Kaushik Ramaiya, Tanzania

Organising Committee IDF Congress 2017
Chair: Monira Al Arouj, Kuwait
Abdulrazzaq Al Madani, UAE
Abdullah Ben Nakhi, Kuwait
Nam Cho, Korea
Linong Ji, China
Banshi Saboo, India

Programme Committee IDF Congress 2017
Chair: Nam Cho, Republic of Korea
Kyong Soo Park, Republic of Korea
Isaac Sinay, Argentina
Nizar Albache, Syria
Lawrence Harkless, USA
Massimo Massi Benedetti, Italy
Hak Chul Jang, Republic of Korea
Edwin Fisher, USA
Jaako Tuomilehto, Finland
Manny Hernandez, USA

Remuneration
Nam Cho, Republic of Korea
Shaukat Sadikot, India

IDF programme chairs

IDF Diabetes Atlas
Chair: Nam Cho, Republic of Korea

Diabetic Foot
Chair: Ammar Ibrahim, Dominican Republic

Humanitarian Response
Chairs: Sharon Fraser, Belize; Nizar Albache, Syria

Bringing Research in Diabetes to Global Environments and Systems (BRIDGES)
Robert Gabbay, USA

Life for a Child
Martin Silink, Australia

Young Leaders in Diabetes
Dario Rahelic, Croatia
**IDF financial statements 2017**

### Profit & Loss Analysis (€)

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
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<td>Turnover</td>
<td>7,962,488</td>
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<tr>
<td>Membership fees</td>
<td>175,900</td>
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<td>Corporate Partnership</td>
<td>671,683</td>
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<td>Projects</td>
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<td>Congress</td>
<td>5,670,795</td>
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<tr>
<td>Other Income</td>
<td>48,697</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>8,076,497</strong></td>
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<td>Good and Services</td>
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<td>Remunerations</td>
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<td>Depreciation</td>
<td>-77,909</td>
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<tr>
<td>Provision for Risks and Charges</td>
<td>-21,184</td>
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<td>Other charges</td>
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<tr>
<td>Financial Income</td>
<td>625,717</td>
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<tr>
<td>Financial Charges</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>-5,415,207</strong></td>
</tr>
</tbody>
</table>

**Results before Taxes** 2,661,290

### IDF balance sheet (€)

#### FIXED ASSETS
- Intangible Assets: 2,363
- Tangible assets: 101,644
- Financial Assets: 21,150

#### CURRENT ASSETS
- Stock and Contracts in progress: 11,650,702
- Accounts Receivable within one year: 1,806,385
- Trade Debtors: 1,254,573
- Other amounts receivable: 551,812
- Investments: 7,054,402
- Cash at bank and in hand: 2,739,305
- Deferred charges and accrued income: 50,611

#### TOTAL ASSETS: 11,775,860

#### CAPITAL AND RESERVES
- Designated Funds: 973,000
- Profit carried forward: 6,293,914

#### PROVISION AND DEFERRED TAXATION: 211,679
- Provision for Liabilities and Charges: 211,679

#### CREDITORS
- Amounts Payable within one Year: 3,954,005
- Financial debts: 0
- Trade Debts: 561,346
- Advance on Contracts in Progress: 2,788,272
- Taxes and remunerations: 134,478
- Other amounts Payable: 469,910
- Accrued Charges and Deferred Income: 343,262

#### TOTAL LIABILITIES: 11,775,860

*Subject to approval by the IDF General Assembly*
Partnership

The global voice of people living with diabetes

Global programmes to drive diabetes prevention and policy development

Highlights from the IDF regions

The organisation

Partnership
The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda. IDF is grateful to the following partners that helped further its advocacy, communication and programme activities.

**Gold partners**

AstraZeneca  
Novo Nordisk  
Sanofi

**Silver partners**

Lilly  
Merck  
MSD

**Bronze partners**

Boehringer Ingelheim

**Partners**

Bayer  
BD  
Novartis  
Servier  
Sun Life Financial