Over 230 members in more than 160 countries and territories
The International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in more than 160 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is unique in being a federation of not-for-profit organisations dedicated to action on diabetes, and as such forms the largest civil society organisation in the world serving people with and affected by diabetes.

IDF Members are organised at both global and regional level. Members belong to IDF at global level and are also grouped together in seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.

IDF is the legitimate voice of the global diabetes community. Our greatest strength lies in the capacity of our membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

Our vision:
Living in a world without diabetes

Our mission:
Promoting diabetes care, prevention and a cure worldwide
Message from the IDF President

We are living in difficult times. The COVID-19 pandemic has disrupted the lives of billions across the world. Unfortunately, we anticipate the virus will continue to impact health systems, economies and individuals for some time. People with diabetes have been among those most affected, particularly those who are older and with poorer blood glucose control and other complications of diabetes.

In the current context, it is important to remember we are facing an ever-increasing global epidemic of diabetes, as reported in the 9th Edition of the IDF Diabetes Atlas, launched on World Diabetes Day 2019. Today, one in eleven adults are estimated to be living with diabetes, approaching 465 million people worldwide. It is not only type 2 diabetes that is on the rise. The number of people with type 1 diabetes is also increasing across the world.

Numbers may well be rising, yet the resources allocated to detecting, treating and preventing diabetes and its complications lag way behind the growing demand. The current COVID-19 pandemic will likely place those resources that do exist to tackle diabetes and other non-communicable diseases under additional strain. My fear is that support for infectious diseases will now increase, with much more attention being paid to research in this area and we need to battle to ensure that non-communicable diseases, most importantly diabetes, continue to receive attention in terms of governmental policy and research. We need, therefore, to argue for the best use of resources to treat and prevent diabetes and advise governments on how best to bend the diabetes curve. We will continue to raise the global profile – and drive awareness – of diabetes as a dangerous threat to public health. More than ever, given the adverse impact of COVID-19 on people with diabetes, we need to make the case for the level of attention, recognition and resources that is afforded to other diseases – communicable and non-communicable – to be invested in supporting those affected by diabetes in similar measure.

We will need to campaign for change. IDF has a responsibility to advocate for the development and implementation of policies and frameworks at national, regional and international levels to improve diabetes care.

In 2019, the first UN High-Level Meeting (HLM) on Universal Health Coverage (UHC) allowed us to call on global leaders to ensure access to affordable essential diabetes care and medicines for all. The upcoming centenary of the discovery of insulin presents a unique opportunity to attract sufficient attention to our cause. Over the next few years, the global diabetes community must seize the opportunity not only to celebrate a historic therapeutic advancement that has changed the lives of so many, but also to advocate for universal health coverage for those who still experience difficulty accessing the essential medications, technologies and care they need. A century after the discovery of insulin, this life-saving drug remains beyond the reach of many who need it to survive.

Education is a crucial part of care and is at the heart of much we do. Building on the continued development and success of the IDF School of Diabetes, which has engaged more than 28,000 health professionals from mainly low and middle-income countries, we will help strengthen healthcare systems by making sure professionals at all levels are able to provide evidence-based and person-centred treatment and education. We will develop additional resources to support people with diabetes in the successful self-management of their condition.

IDF is nothing without the combined authority and reach of its global network. Our strength comes from a shared commitment to our cause and the diversity of opinion and cultures we embrace. Unfortunately, in recent years we have had to face a number of strong headwinds, now compounded by the coronavirus crisis sweeping the globe. Regardless, IDF, with the support of its Member Associations, partners and allies, will need to make significant headway on behalf of the global diabetes community.

We will embrace the values that make IDF strong and promise a commitment to transparency and candour in everything we do. I am counting on the passion and dedication I have seen within the IDF membership, my fellow Board members and IDF personnel to help our organisation drive the changes needed to improve care for the 463 million living with diabetes and the millions more at risk.

Prof Andrew Boulton
President, International Diabetes Federation 2020–21
As the global voice of diabetes, IDF aims to have a strong presence on the global stage.

Three main objectives inform our activities:

- Increasing global recognition of IDF and diabetes.
- Advocating globally for people with diabetes and those at risk.
- Empowering people living with diabetes.
World Diabetes Day

World Diabetes Day (WDD) – marked every year on 14 November – is the world’s largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign highlights issues of paramount importance to the global diabetes community and keeps diabetes firmly in the public spotlight. It aims to be the global driver for change to reduce the huge economic impact of diabetes and improve the lives of people with diabetes.

World Diabetes Day 2019 marked the second year of a two-year theme focusing on Family and diabetes. The tagline for the campaign was Diabetes: protect your family. The aims of the campaign were to raise awareness of the impact that diabetes has on families, and to promote their role in managing and preventing the condition, as well as promoting care and education.

A specific focus of the campaign in 2019 centred on encouraging individuals to learn about their risk of type 2 diabetes. IDF partnered with Lions Clubs International (LCI) to raise awareness of type 2 diabetes through an online questionnaire that was made available in 12 languages. IDF and LCI members also joined forces to conduct screening activities throughout the month of November, exceeding their target of screening a million people. By the end of the month, over 1.2 million people around the world had been screened for type 2 diabetes.

On 14 November, IDF published the IDF Diabetes Atlas 9th Edition and conducted a live Twitter chat on the role of the family in diabetes care and management.

www.worlddiabetesday.org
IDF Congress 2019

Organised every two years, the IDF Congress provides a platform to discuss a broad range of issues relating to diabetes, from the latest scientific advances to cutting-edge information on education, diabetes care, advocacy and awareness. Participants include physicians, scientists, nurses, educators and other healthcare professionals, as well as government representatives, policy makers, people with diabetes, industry, IDF national member associations and the media.

The 25th edition of the IDF Congress was held in Busan, Korea, from 2 to 6 December.

The scientific programme brought the latest developments in diabetes clinical practice, management, education, prevalence and public health to 5,400 healthcare professionals from 160 countries. There were over 176 hours of sessions spread over eight streams, delivered by a faculty of 295 high-level speakers, along with a poster area featuring 987 posters. The programme was accredited with 22 CME credits.

The exhibition floor was lively and engaging throughout the congress. As well as the 45 booths, there were e-poster sessions, plus networking spaces and a well-attended Diabetes Spotlight featuring short, informative sessions and industry presentations.
Advocating for Universal Health Coverage

In 2019, IDF’s advocacy activities focused on the first UN High-Level Meeting (HLM) on Universal Health Coverage (UHC), which took place in New York on 23 September. The meeting set about mobilising political support for UHC at the highest level, and resulted in the adoption of a political declaration with milestones for the achievement of UHC by 2030.

During this important meeting, IDF launched a call to action urging global leaders to ensure access to affordable essential care and medicines for everyone with diabetes. This call to action was supported by a social media campaign featuring UHC selfies from people living with diabetes, in which they highlighted their monthly expenditure on essential diabetes care. The campaign featured an online calculator allowing users to calculate their monthly expenditure on essential diabetes care, as well as displaying the percentage of monthly gross national income that this expenditure represents.


People with diabetes highlighted their monthly expenditures on diabetes care.

Raising the profile of diabetes during high-level meetings

In May, IDF and the World Heart Federation (WHF) co-hosted a side event at the World Health Assembly in Geneva, Switzerland. Entitled ‘Joining forces to fight cardiovascular diseases (CVD) in people with diabetes: pathways to solutions’, it brought together a panel made up of health professionals, policy makers, economists and people living with diabetes. Participants discussed effective measures to tackle CVD in people with diabetes and how countries could finance support for these.

EMPOWERING PEOPLE LIVING WITH DIABETES

People living with diabetes and those at risk – as well as their carers and relatives – must be at the heart of new policies to promote patient-centred care and prevent the development of type 2 diabetes and diabetes complications. Several IDF initiatives are focused on ensuring that the voices of people living with diabetes are prominently heard, both nationally and globally, and that their concerns and priorities are taken into account in policy development.

Blue Circle Voices

Blue Circle Voices (BCV) is a global network of people living with or affected by diabetes, which strives to identify and represent the interests of those affected by the condition. In 2019, the network grew to include over 150 people in more than 60 countries.

IDF implemented a system of grants to help BCV members develop projects aimed at improving the well-being of people living with diabetes through advocacy, awareness-raising, education or prevention. By December, 17 BCV grantees had implemented local projects, reaching over 8,000 people in their communities.

During the year, BCV members participated in the following activities:

- **Network capacity building**: BCV members participated in IDF webinars on key diabetes-related topics, including advocacy. Some also contributed as speakers.
- **IDF social media**: BCVs engaged in IDF’s campaign for the UN High-Level Meeting on Universal Health Coverage (UHC), by sharing selfies highlighting their expenditure on essential diabetes care.
- **IDF Diabetes Atlas**: seven BCV members provided case studies and pictures of their daily lives with diabetes.
- **High-level events**: BCV member Stela Prgomelja from Serbia participated as a panellist in the IDF side event at the World Health Assembly (WHA).

The BCV network grew to include 150 people in 60 countries.

[www.idf.org/bluecirclevoices](http://www.idf.org/bluecirclevoices)
Young Leaders in Diabetes

IDF Young Leaders in Diabetes (YLD) is a unique programme that brings together young people living with diabetes to learn from one another and share experiences to improve the lives of everyone affected by diabetes. The programme identifies and supports the development of young leaders within the international diabetes community, empowering and educating them to support IDF’s mission through close collaboration with IDF members.

In 2019, the YLD programme was made up of 114 members from 68 countries: 63 YLD trainees from the 2019–21 intake, 39 trainees from 2017–19 and 12 mentors who joined the programme in 2015 or earlier.

During the year, YLD members participated in the following activities:

- **YLD Leadership Training Summit, Busan (Korea):** 60 YLD members from 39 countries participated in this unique event, held during the IDF Congress. The Summit featured sessions on topics such as advocacy, discrimination and stigma, as well as storytelling and the use of social media for diabetes awareness. There were also workshops on project development, implementation and evaluation.

- **YLD projects:** 39 YLD trainees from 2017–19 collaborated with IDF members on the implementation of local or national projects encompassing advocacy, education, diabetes camps, awareness and sports.

- **IDF social media:** YLDs engaged in IDF’s campaign for the UN High-Level Meeting on Universal Health Coverage (UHC), by sharing selfies highlighting their expenditure on essential diabetes care.

- **High-level events:** YLD member Lucas Xavier de Oliveira from Brazil participated as a panellist in the IDF side event at the World Health Assembly (WHA).

[https://www.idf.org/our-network/young-leaders.html](https://www.idf.org/our-network/young-leaders.html)
IDF’s mission is supported through the development of high-quality programmes and resources to inform and guide policy agendas at national, regional and global levels. These programmes aim to:

- Promote prevention of type 2 diabetes and the complications associated with diabetes.
- Improve health outcomes for people with diabetes through better education and access to primary care services.
- Develop evidence-based and authoritative position statements and guidelines, as well as standards for care and continued professional development.
- Drive integrated policy making to raise awareness of diabetes within all areas of political engagement.
The IDF Diabetes Atlas is the Federation’s flagship publication. The 9th edition was released on 14 November 2019 – World Diabetes Day.

According to the most recent estimates, 463 million adults (aged 20–79 years) were living with diabetes in 2019, a figure that is expected to rise to 578 million by 2030 and 700 million by 2045. Additions to the IDF Diabetes Atlas included:

- Recognition of a troubling increase in type 2 diabetes among children and young people.
- A greater emphasis on the impact of childhood diabetes on acute complications.
- The inclusion of projections of hyperglycaemia in pregnancy for the first time.
- Data on the indirect costs of diabetes; access to insulin; and the implications for universal health coverage (UHC).
- A new section on the complex inter-relationship between diabetes and cancer.
- Expanded information on the feasibility of type 2 diabetes prevention, and the aspiration to prevent or delay the development of type 1 diabetes.

The importance of the IDF Diabetes Atlas as an advocacy tool was emphasised by the publication of an accompanying Advocacy Guide. This presented key findings, messages and suggested actions to help advocates make convincing arguments to improve prevention, management and care strategies for people living with diabetes and those at risk.

The IDF Diabetes Atlas is available as a free download, along with a series of related resources that include an interactive data portal, fact sheets and country reports.

www.diabetesatlas.org
The IDF School of Diabetes was launched in 2016 to deliver high-quality, evidence-based diabetes education for health professionals, people with diabetes and caregivers worldwide. Since then, the online platform has grown to engage a community of over 28,000 healthcare professionals from more than 190 countries and territories. Users include general practitioners, endocrinologists, diabetologists, internists, nurses, pharmacists and diabetes educators. The IDF School of Diabetes is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).

The IDF School of Diabetes features three tailor-made online courses targeting diabetes educators, primary care physicians & general practitioners, and specialists, as well as a series of free multilingual short courses focusing on the prevention of type 2 diabetes, diabetic retinopathy, and diabetes and cardiovascular disease. The courses were developed and translated with the scientific support and guidance of a global network of more than 100 multidisciplinary diabetes experts.

In 2019, the IDF School of Diabetes built capacity and strengthened health systems in partnership with 2,000 clinicians in Kenya, plus over 400 specialists and more than 700 primary care physicians across ten other countries: Cambodia, India, Iraq, Jordan, Laos, Myanmar, Pakistan, UAE, and Vietnam. A public-private partnership model was also developed and the School collaborated with the Dubai Health Authority and various in-country industry partners to enhance diabetes care and management.

D-NET – the IDF diabetes network for health professionals

D-NET is the first global online platform for health professionals engaged in diabetes education, care and management. Launched in 2010, it offers professionals the opportunity to connect with colleagues worldwide, share knowledge and best practice and learn about the latest developments in diabetes care and education. Features include online discussions, an e-library, a global event calendar and free online courses.

In 2019, D-NET membership totalled over 15,000 healthcare professionals from 189 countries. A summary of the impact of the online courses was presented at the IDF Congress 2019 in Busan, Korea.

During the year, 13 discussions were led by international experts on topics that included:

- CVD and diabetes.
- How to improve the patient-doctor relationship.
- Strategies to improve engagement of the elderly in T2D prevention and management efforts.
- Approaches to prevent diabetes in low- and middle-income countries.
- Diabetes among refugees in the Middle East.
- Gender-specific diabetes care.
- Diabetes advocacy funding in developing countries.

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"Over 28,000 healthcare professionals from more than 190 countries"
KiDS and Diabetes in Schools (KiDS)

Since 2013, the KiDS and Diabetes in Schools (KiDS) project has targeted pupils aged 6–14, school teachers, staff, parents and policy makers to raise awareness of diabetes and tackle diabetes-related stigma in the school environment. Its objectives are to foster a safe and supportive school environment for children with diabetes and promote the importance of a healthy lifestyle to help prevent type 2 diabetes.

KiDS provides a selection of multilingual resources that have been adapted to national settings and used in over 35 countries. Nine of these – Argentina, Brazil, Egypt, Hungary, India, Japan, Pakistan, Poland and the United Arab Emirates – have developed structured programmes incorporating KiDS materials.

In September, an update of the KiDS Educational Guide on Nutrition and Diabetes in Schools was published, promoting the importance of healthy nutrition to manage all types of diabetes and prevent type 2 diabetes. The guide is available in seven languages.

In October, an online, interactive questionnaire – NutriQuiz – was launched to complement the guide. The quiz tests children’s knowledge of diabetes and healthy lifestyles and was developed with the technical support and expertise of members of the KiDS Nutrition Working Group. The NutriQuiz is available in six languages.

In December, the IDF Congress featured a session on KiDS involving members of the KiDS Advisory Committee and Nutrition Working Group, along with representatives from implementing partners in Poland and Japan.

The KiDS project is supported by Sanofi.

IDF Centres of Education and Excellence in Diabetes Care

IDF designates diabetes institutions and organisations to form part of an international voluntary network to initiate, coordinate, facilitate and conduct high-quality education for multidisciplinary health professionals in diabetes and other related chronic diseases.

Since 2017, 38 institutions have been designated as IDF Centres of Education and 27 as IDF Centres of Excellence in Diabetes Care.


Tackling eye complications

Long-term diabetes can lead to health complications, which can severely affect a person’s quality of life. Diabetic retinopathy (DR) is the most common diabetes-related eye disease, affecting an estimated one in three people living with diabetes. Without regular screening, many people with diabetes delay care until they notice a deterioration of their vision.

This postponement can result in permanent damage to eyesight. As a result, DR is the leading cause of vision loss in working-age adults. Diabetic Macular Edema (DME) is another important complication of diabetes, and can present in eyes at all levels of DR.

In 2019, IDF published Clinical Practice Recommendations for Managing Diabetic Macular Edema (DME), developed by a global working group of eye experts. It is designed to facilitate the work of general practitioners, hospital physicians and other clinicians who work in diabetic eye disease management. The Clinical Practice Recommendations introduce essential information about DME, including risk factors, and provide an overview of screening, treatment, and systemic management. Patient communication and education are also addressed.

IDF also launched a free online course in the IDF School of Diabetes based on the Clinical Practice Recommendations, targeted at healthcare professionals who want to improve their skills in managing the eye health of people with diabetes. The course is supported by Allergan.

www.idf.org/eyehealth

“Diabetic retinopathy is the leading cause of vision loss in working-age adults”
Highlights from the IDF regions
Africa (AFR)

In June, IDF launched a three-month online training programme for general practitioners in Kenya offering clinical services to people living with diabetes. The training was delivered through the IDF School of Diabetes online platform. The locally and internationally accredited curriculum provided an in-depth introduction to diabetes, covering all aspects of diagnosis and management, while providing the latest evidence-based knowledge to inform clinical practice. Almost 2,000 health professionals from all counties of Kenya completed the course and received an official certificate, along with continuous professional development (CPD) points. The programme was developed in partnership with Sanofi, Kenya Diabetes Study Group and Diabetes Kenya.

Europe (EUR)

In 2019, activities across the IDF Europe region helped influence policy, increase public awareness and encourage health improvement, as well as promote the exchange of best practice and high-quality information about diabetes throughout the region.

Advocacy initiatives under the theme ‘Mobilising for diabetes’ helped formulate new policy priorities relating to the challenges of an ageing population; digital health; and the complex political environment marked by the 2019 EU Parliament elections. In June, the IDF Europe Chair and Regional Manager participated in the Social Affairs, Health and Sustainable Development Committee of the Parliamentary Assembly of the Council of Europe to strengthen awareness of diabetes among policy makers across Europe.

IDF Europe also continued to be involved in several EU-funded initiatives. The OPEN (Outcomes of Patients’ Evidence with Novel, Do-it-Yourself Artificial Pancreas Technology) project, launched in 2018, aims to establish an evidence-base surrounding the impact of Do-it-Yourself Artificial Pancreas Systems (DIY APS) on people with diabetes and wider healthcare systems. IDF Europe’s role was to facilitate knowledge exchange and help disseminate the research findings.

CarpeDiab is an integrated e-health solution for type 2 diabetes management that is expected to have an impact on the behaviour of people with diabetes and healthcare professionals. Feel4Diabetes is working to develop, implement and evaluate an evidence-based and scalable intervention programme to prevent type 2 diabetes in families across Europe. IDF Europe’s role was to facilitate events and workshops and disseminate activities and results, with the aim of embedding the learnings derived from the project into policies and practices at local, national and international levels.

“IDF Europe activities influenced policy, increased public awareness and encouraged health improvement.”

Yannis Manios
Professor
Department of Nutrition and Dietetics
School of Health Science & Education
Harokopio University, Athens, Greece
**Middle East and North Africa (MENA)**

In April, workshops were conducted throughout the region on topics including eye screening (Sudan), gestational diabetes (Egypt) and diabetes foot care (Syria). Many MENA members also launched education programmes during Ramadan to help people living with diabetes maintain their blood glucose levels at recommended levels during fasting.

The MENA region was also active in coordinating the distribution and deployment of funduscope screening equipment as part of IDF’s global initiative to support people with diabetes in low-income settings. Many fundoscopes were delivered and used by MENA members to screen for diabetic retinopathy.

> Workshops were conducted on eye screening, gestational diabetes and diabetes foot care.

**South-East Asia (SEA)**

A SEA Regional Council was held in Mumbai, India, during which decisions were made regarding future regional projects and activities such as the diabetic retinopathy screening and Young Leaders in Diabetes programmes. Regional activities during the year focused on improving information-sharing and networking among SEA members through social media, and observing key global health days such as World Diabetes Day and World Health Day.

> Regional activities focused on improving information-sharing and networking.

**Western Pacific (WP)**

In 2019, regional activities focused on publishing a systematic review and meta-analysis on the incidence and prevalence of type 1 diabetes in the Western Pacific. A questionnaire was sent out to nominate two health professionals per country as contact points and arrange a training course on the implementation procedures.

Building on the regional disaster preparation and medical care strategy that was initiated in 2014, a Joint Japan Diabetes Society (JDS)/AASD/IDF-WP Symposium on Diabetes Management and Natural Disasters was held in Sendai, Japan, a city that was heavily affected by the Great East Japan Earthquake and Tsunami in 2011. All partners emphasised their commitment to actively promote disaster preparation for people with diabetes throughout the region.

> A joint symposium on Diabetes Management and Natural Disasters was held in Sendai, Japan.

**North America and Caribbean (NAC)**

Education was the focus of IDF NAC activities in 2019. All members organised events and activities with education as their main theme. The goal was to increase awareness of the importance of screening and testing, along with diet and nutrition, as well as the role of family members, regular health check-ups and exercise. Events also highlighted the difficulties and hardships associated with living with diabetes. Additionally, members directed their efforts towards facilitating continuing professional education for healthcare workers.

**South and Central America (SACA)**

In April, the IDF SACA Regional Chair discussed the treatment of chronically decompensated adolescents with diabetes as a speaker at the 2nd International Day: Diabetes in Bolivia. In May he participated in the 21st Race to Overcome Diabetes, an event to support children and adolescents with diabetes. Funds were raised and distributed to the 3,800 children supported by the Institute for Children with Diabetes, an IDF SACA member.
The organisation
### Africa (AFR)

**Chair:** Dr Naby Baldé, Guinea  
**Chair-elect:** Dr John Mangwiro, Zimbabwe

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THE ORGANISATION

Europe (EUR)

Chair: Prof Şehnaz Karadeniz, Turkey
Chair-elect: Dr Niti Pall, United Kingdom

Albania  Albanian Diabetes Association
Armenia  Armenian Association of Diabetes
Austria  Österreicheische Diabetes Gesellschaft
Azerbaijan  Azerbaijan Diabetes League; Azerbaijan Diabetes Society
Belarus  Belarusian Humanitarian Organisation Children’s Diabetes
Belgium  Association Belge du Diabète; Diabetes Liga
Bulgaria  Bulgarian Diabetes Association; Bulgarian Society of Endocrinology
Croatia  Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruža
Cyprus  Cyprus Diabetic Association; Cyprus Association for People with Diabetes
Czech Republic  Ceska Diabetologicka Spolecnost; SVAZ Diabetikù Ceské Republiky
Estonia  Estonian Diabetes Association
Faroe Islands  Diabetesfelag Foroya
Finland  Finnish Diabetes Association
France  Fédération Française des Diabétiques
Georgia  Diabetic Children’s Protection Association; Georgian Union of Diabetes and Endocrine Associations
Germany  DiabetesDE
Greece  Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
Hungary  Magyar Diabetes Tarsasag
Iceland  Samtök Sykurssjúkra
Israel  Israel Diabetes Association
Italy  Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Società Italiana di Diabetologia
Kazakhstan  Diabetic Association of the Republic of Kazakhstan
Kyrgyz Republic  Diabetes and Endocrinological Association of Kyrgyzstan
Latvia  Latvian Diabetes Association; Latvian Diabetes Federation
Lithuania  Lithuanian Diabetes Association
Luxembourg  Association Luxembourgeoise du Diabète
Macedonia  Macedonian Diabetes Association
Malta  Maltese Diabetes Association
Moldova  Prodiab
Norway  Norges Diabetesforbund
Poland  Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne
### Middle East and North Africa (MENA)

**Chair:** Prof Abdul Basit, Pakistan  
**Chair-elect:** Prof Jamal Belkhadir, Morocco

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<td>Chronic Care Center; DiaLeb; Lebanese Diabetes Association</td>
</tr>
<tr>
<td>Libya</td>
<td>Libyan Diabetic Association; Libyan Pediatric Diabetes Society</td>
</tr>
<tr>
<td>Morocco</td>
<td>Ligue Marocaine de Lutte contre le Diabète</td>
</tr>
<tr>
<td>Oman</td>
<td>Oman Diabetes Society</td>
</tr>
<tr>
<td>Pakistan</td>
<td>Diabetic Association of Pakistan</td>
</tr>
<tr>
<td>Palestine</td>
<td>Diabetes Palestine</td>
</tr>
<tr>
<td>Qatar</td>
<td>Qatar Diabetes Association</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association; Saudi Society of Endocrinology &amp; Metabolism</td>
</tr>
<tr>
<td>Sudan</td>
<td>Sudanese Diabetes Association</td>
</tr>
<tr>
<td>Syria</td>
<td>Syrian Diabetes Association</td>
</tr>
<tr>
<td>United Arab Emirates</td>
<td>Emirates Diabetes Society</td>
</tr>
<tr>
<td>Yemen</td>
<td>Yemen Diabetes Association</td>
</tr>
</tbody>
</table>
THE ORGANISATION

North America and Caribbean (NAC)
Chair: Ms Glynis Alonzo Beaton, Guyana
Chair-elect: Dr Timotheus Dorh, St Lucia

- Anguilla: Anguilla Diabetes Association
- Antigua and Barbuda: Antigua and Barbuda Diabetes Association
- Aruba: Aruba Diabetes Foundation
- Barbados: Diabetes Association of Barbados
- Belize: Belize Diabetes Association
- Bermuda: Bermuda Diabetes Association
- British Virgin Islands: British Virgin Islands Diabetes Association

South and Central America (SACA)
Chair: Dr Balduino Tschiedel, Brazil
Chair-elect: Dr Douglas Villarroel, Bolivia

- Argentina: Asociación Civil de Diabetes Argentina; Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección Al Diabético; Sociedad Argentina de Diabetes
- Bolivia: Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes

<table>
<thead>
<tr>
<th>Country</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canada</td>
<td>Diabète Québec</td>
</tr>
<tr>
<td>Cayman Islands</td>
<td>Cayman Islands Diabetes Association</td>
</tr>
<tr>
<td>Curaçao</td>
<td>Sosiedat Kurasoleno di Diabetiko</td>
</tr>
<tr>
<td>Dominica</td>
<td>Dominica Diabetes Association</td>
</tr>
<tr>
<td>Grenada</td>
<td>Grenada Diabetes Association</td>
</tr>
<tr>
<td>Guyana</td>
<td>Guyana Diabetic Association</td>
</tr>
<tr>
<td>Haiti</td>
<td>Fondation Haitienne du Diabète et des Maladies Cardiovasculaires</td>
</tr>
<tr>
<td>Jamaica</td>
<td>Diabetes Association of Jamaica</td>
</tr>
<tr>
<td>Mexico</td>
<td>Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología</td>
</tr>
<tr>
<td>Montserrat</td>
<td>Montserrat Diabetes Association</td>
</tr>
<tr>
<td>Sint Maarten</td>
<td>Diabetes Foundation of Sint Maarten</td>
</tr>
<tr>
<td>St Kitts &amp; Nevis</td>
<td>St Kitts Diabetes Association</td>
</tr>
<tr>
<td>St Lucia</td>
<td>St Lucia Diabetic and Hypertension Association</td>
</tr>
<tr>
<td>Suriname</td>
<td>Diabetes Vereniging Suriname</td>
</tr>
<tr>
<td>Trinidad and Tobago</td>
<td>Diabetes Association of Trinidad and Tobago</td>
</tr>
<tr>
<td>USA</td>
<td>American Diabetes Association</td>
</tr>
<tr>
<td>Country</td>
<td>Organization</td>
</tr>
<tr>
<td>--------------</td>
<td>------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Brazil</td>
<td>Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Instituto da Criança com Diabetes; Sociedade Brasileira de Diabetes</td>
</tr>
<tr>
<td>Chile</td>
<td>Asociación de Diabeticos de Chile (ADICH); Sociedad Chilena de Endocrinología y Diabetes</td>
</tr>
<tr>
<td>Colombia</td>
<td>Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad</td>
</tr>
<tr>
<td>Costa Rica</td>
<td>Asociación Costarricense Lucha contra la Diabetes; Asociación Nacional pro Estudio de la Diabetes, Endocrinología y Metabolismo</td>
</tr>
<tr>
<td>Cuba</td>
<td>Sociedad Cubana de Diabetes</td>
</tr>
<tr>
<td>Dominican Republic</td>
<td>Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes</td>
</tr>
<tr>
<td>Ecuador</td>
<td>Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos “Casa de la Diabetes”</td>
</tr>
<tr>
<td>El Salvador</td>
<td>Asociación Salvadoreña de Diabetes</td>
</tr>
<tr>
<td>Guatemala</td>
<td>Patronato de Pacientes Diabéticos de Guatemala</td>
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<tr>
<td>Honduras</td>
<td>Asociación Nacional de Diabeticos de Honduras (ANADIH)</td>
</tr>
<tr>
<td>Nicaragua</td>
<td>Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos</td>
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</tbody>
</table>

**South-East Asia (SEA)**

**Chair:** Dr Ali Siyan, Maldives  
**Chair-elect:** Dr Shashank Joshi, India

<table>
<thead>
<tr>
<th>Country</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bangladesh</td>
<td>Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association</td>
</tr>
<tr>
<td>India</td>
<td>Diabetic Association of India; Research Society for the Study of Diabetes in India; The Research Trust of DiabetesIndia</td>
</tr>
<tr>
<td>Maldives</td>
<td>Diabetes Society of Maldives</td>
</tr>
<tr>
<td>Mauritius</td>
<td>Diabetes Foundation Mauritius; Mauritius Diabetes Association</td>
</tr>
<tr>
<td>Nepal</td>
<td>Nepal Diabetes Association</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>Diabetes Association of Sri Lanka</td>
</tr>
</tbody>
</table>
THE ORGANISATION

Western Pacific (WP)
Chair: Prof Linong Ji, China
Chair-elect: Prof Moon-Kyu Lee, Republic of Korea

Australia  Diabetes Australia
Cambodia  Cambodian Diabetes Association
China  Chinese Diabetes Society
Democratic People's Republic of Korea  Diabetes Committee of Hospitals Association of Korea
Fiji  Diabetes Fiji
Hong Kong  Diabetes Hongkong; Youth Diabetes Action; Hong Kong Society of Endocrinology, Metabolism and Reproduction
Indonesia  Persatuan Diabetes Indonesia
Japan  Japan Association for Diabetes Education and Care; Japan Diabetes Society
Korea, Republic of  Korean Diabetes Association; Korean Diabetes Society
Macau  Macau Diabetes Association
Malaysia  Diabetes Malaysia
Mongolia  Mongolian Diabetes Association
Myanmar  Myanmar Diabetes Association
New Zealand  Diabetes New Zealand
Papua New Guinea  Diabetic Association of Papua New Guinea
Singapore  Association of Diabetes Educators Singapore; Diabetes Singapore

Transnational Members

Taiwan  Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators
Thailand  Diabetes Association of Thailand
Tonga  Tonga Diabetes Association
Vanuatu  Vanuatu Diabetes Association
Vietnam  Vietnamese Association of Diabetes and Endocrinology

Asociación Latinoamericana de Diabetes
Diabetes in Asia Study Group
Direct Relief
European Association for the Study of Diabetes
Juvenile Diabetes Research Foundation
Société Francophone du Diabète (ALFEDIAM)
The Asian Association for the Study of Diabetes
IDF Board of Directors

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**President-elect:** Prof Andrew Boulton, United Kingdom

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Prof Angus Forbes, United Kingdom
Ms Sharon Fraser, Belize
Mr Serge Langlois, Canada
Mr Fredrik Löndahl, Sweden
Ms Zobida Ragbirsingh, Trinidad & Tobago
Prof Eugène Sobngwi, Cameroon

**Past President**
Dr Shaukat Sadikot*, India

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Prof John R. Turtle, Australia
Prof Paul Zimmet, Australia
Prof Martin Silink, Australia
Prof Jean Claude Mbanya, Cameroon
Sir Michael Hirst, United Kingdom

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Prof Şehnaz Karadeniz, Turkey, EUR
Prof Abdul Basit, Pakistan, MENA
Ms Glynnis Beaton, Guyana, NAC
Dr Balduino Tschiedel, Brazil, SACA
Dr Ali Siyan, Maldives, SEA
Prof Linong Ji, China, WP

**Honorary members**
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Mr Ronald McNeill Decker, Australia
Prof Thomas O Johnson, Nigeria
Prof Michiel Krans, The Netherlands
Sir Alister Mcintyre, Jamaica
Prof Linda Siminerio, USA
Prof Sunthorn Tandhanand, Thailand
Mr Brian Wentzell, Canada

Dr Shaukat Sadikot (1950–2019)

In October, IDF was sadly informed of the passing of its Immediate Past President, Dr Shaukat Sadikot (India). Dr Sadikot was closely associated with the activities of the Federation for many years. He was elected to the role of IDF President-Elect in 2013 and subsequently served as President in 2016-2017. During his tenure, Dr Sadikot was instrumental in the launch of the IDF School of Diabetes and oversaw the publication of the 7th Edition of the IDF Diabetes Atlas and the successful IDF Congress 2017 in Abu Dhabi, UAE.

A true icon of the diabetes world, Dr Sadikot was actively involved with the cause of diabetes and associated metabolic disorders in India, regionally and internationally for over 30 years. He worked as a Consultant in Endocrinology at the Jaslok Hospital and Research Center, Mumbai, and served as President of DiabetesIndia for many years. Dr Sadikot was instrumental in conducting the first nationwide survey on the prevalence of diabetes in India and launched many projects for the enhancement of healthcare professional education in the field of diabetes.
Board Standing Committees

Audit and Risk Management Committee

Chair: Mr Serge Langlois, Canada
Ms Glynis Beaton, Guyana
Prof Abdul Basit, Pakistan
Prof Nam H. Cho, South Korea

Finance

Acting Chair: Mr Serge Langlois, Canada
Ms Sharon Fraser, Belize
Dr Shaukat Sadikot*, India
Prof Nam H. Cho, South Korea

Strategic Governance and Ethics

Chair: Ms Sharon Fraser, Belize
Prof Linong Ji, China
Dr Ali Siyan, Maldives
Ms Zobida Ragbir Singh, Trinidad and Tobago
Prof Stephen Colagiuri, Australia
Prof Nam H. Cho, Republic of Korea (ex-officio)
Prof Andrew Boulton, United Kingdom (ex-officio)

Other committees

Nominating Committee

Chair: Dr Shaukat Sadikot*, India
Prof Andrew Boulton, United Kingdom
Dr Luis Gardete*, Portugal
Dr Ammar Ibrahim, Dominican Republic
Dr Edwin Jimenez, Costa Rica
Ms Debbie Jones**, Bermuda

*since 29 April 2019
** until 23rd of September 2019

IDF programmes

IDF Diabetes Atlas

Chair: Prof Rhys Williams, United Kingdom

Life for a Child

Chair: Prof Linong Ji, China

Young Leaders in Diabetes

Chair: Prof Dario Rahelic, Croatia

IDF Congress 2019

Organising Committee

Chair: Prof Moon-Kyu Lee, Republic of Korea
Prof Soo Lim, Republic of Korea
Prof Edward J. Boyko, USA
Prof Kyung Soo Park, Republic of Korea
Prof Linong Ji, China
Dr Shaukat Sadikot*, India

Programme Committee

Chair: Prof Edward J. Boyko, USA
Prof Young-Bum Kim, USA
Prof Raimund Weitgasser, Austria
Prof Ronald Ma, Hong Kong
Prof Peter Rossing, Denmark
Prof Kun Ho Yoon, Republic of Korea
Prof Sue McLaughlin, USA
Prof Anthony Hanley, Canada
Prof Renza Scibilia, Australia
# Financial statements*

**Profit & loss analysis (€)**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TURNOVER</strong></td>
<td>5,889,093</td>
</tr>
<tr>
<td>Membership fees</td>
<td>129,050</td>
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<tr>
<td>Corporate partnership</td>
<td>403,500</td>
</tr>
<tr>
<td>Projects</td>
<td>1,441,547</td>
</tr>
<tr>
<td>Congress</td>
<td>3,914,996</td>
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<tr>
<td>Other income</td>
<td>144,805</td>
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<tr>
<td><strong>Total income</strong></td>
<td>6,033,898</td>
</tr>
<tr>
<td>Goods and services</td>
<td>-4,595,602</td>
</tr>
<tr>
<td>Remunerations</td>
<td>-1,688,195</td>
</tr>
<tr>
<td>Depreciation</td>
<td>-24,154</td>
</tr>
<tr>
<td>Provision for risks and charges</td>
<td>111,679</td>
</tr>
<tr>
<td>Other charges</td>
<td>-82,734</td>
</tr>
<tr>
<td>Financial income</td>
<td>49,011</td>
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<tr>
<td>Financial charges</td>
<td>-70,839</td>
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<tr>
<td><strong>Total expenses</strong></td>
<td>-6,300,834</td>
</tr>
<tr>
<td>Results before taxes</td>
<td>-266,936</td>
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</tbody>
</table>

**IDF balance sheet (€)**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td><strong>FIXED ASSETS</strong></td>
<td>141,861</td>
</tr>
<tr>
<td>Intangible assets</td>
<td>358</td>
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<tr>
<td>Tangible assets</td>
<td>34,011</td>
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<tr>
<td>Financial assets</td>
<td>107,493</td>
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<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td>13,006,279</td>
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<tr>
<td>Stock and contracts in progress</td>
<td></td>
</tr>
<tr>
<td>Amounts receivable within one year</td>
<td>5,354,823</td>
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<tr>
<td>Trade debtors</td>
<td>4,741,385</td>
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<tr>
<td>Other amounts receivable</td>
<td>613,438</td>
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<tr>
<td>Investments</td>
<td>5,939,515</td>
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<tr>
<td>Cash at bank and in hand</td>
<td>1,471,380</td>
</tr>
<tr>
<td>Deferred charges and accrued income</td>
<td>240,562</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>13,148,141</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CAPITAL AND RESERVES</strong></td>
<td>5,067,027</td>
</tr>
<tr>
<td>Designated funds</td>
<td>973,000</td>
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<tr>
<td>Profit carried forward</td>
<td>4,094,027</td>
</tr>
<tr>
<td><strong>PROVISION AND DEFERRED TAXATION</strong></td>
<td>251,343</td>
</tr>
<tr>
<td>Provision for liabilities and charges</td>
<td>251,343</td>
</tr>
<tr>
<td><strong>CREDITORS</strong></td>
<td>7,829,771</td>
</tr>
<tr>
<td>Amounts payable within one year</td>
<td>7,348,819</td>
</tr>
<tr>
<td>Financial debts</td>
<td>300,000</td>
</tr>
<tr>
<td>Trade debts</td>
<td>3,987,937</td>
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<tr>
<td>Advance on contracts in progress</td>
<td>2,289,910</td>
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<tr>
<td>Taxes and remunerations</td>
<td>200,008</td>
</tr>
<tr>
<td>Other amounts payable</td>
<td>570,965</td>
</tr>
<tr>
<td>Accrued charges and deferred income</td>
<td>480,952</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>13,148,141</td>
</tr>
</tbody>
</table>

- *Subject to approval by the IDF General Assembly

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**2019 INCOME**

- Congress (65%)
- Projects (24%)
- Corporate partnership (7%)
- Membership fees (2%)
- Other income (2%)

**2019 EXPENSES**

- Remunerations (50%)
- Goods and services (43%)
- Provision for risks and charges (3%)
- Other charges (2%)
- Depreciation (2%)
The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda. IDF is grateful to the following partners that helped further its advocacy, communication and programme activities in 2019.

Gold partner

SANOFI

Silver partner

Pfizer MSD

Alliance

Bronze partners

Allergan Merck

Partners

AstraZeneca Bayer i-sens

Lilly Servier