

# EYES ON DIABETES





## THE ISSUE

**415 MILLION** ADULTS WITH DIABETES  
**640 MILLION** BY 2040

PEOPLE WITH TYPE 1 AND TYPE 2  
DIABETES ARE AT RISK OF  
**LIFE-THREATENING COMPLICATIONS**

## THE CHALLENGE

DIABETES IS A LEADING  
CAUSE OF:

-  BLINDNESS
-  CARDIOVASCULAR  
DISEASE
-  KIDNEY FAILURE
-  LOWER-LIMB  
AMPUTATION

## WHAT DOES THIS MEAN?

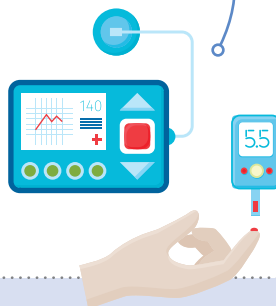
GLOBAL HEALTH SPENDING TO  
TREAT DIABETES AND MANAGE  
COMPLICATIONS WAS ESTIMATED AT

**USD 673 BILLION**  
IN 2015 (12% OF GLOBAL HEALTH  
EXPENDITURE)



## A SOLUTION

DIABETES COMPLICATIONS CAN  
BE PREVENTED OR DELAYED BY  
MAINTAINING BLOOD GLUCOSE,  
BLOOD PRESSURE AND  
CHOLESTEROL LEVELS AS CLOSE  
TO NORMAL AS POSSIBLE



MANY COMPLICATIONS CAN  
BE PICKED UP IN THEIR  
**EARLY STAGES** BY SCREENING  
PROGRAMMES THAT ALLOW  
TREATMENT TO PREVENT THEM  
BECOMING MORE SERIOUS

SCREENING FOR DIABETES COMPLICATIONS IS ESSENTIAL  
**ACT TODAY TO CHANGE TOMORROW**

[www.worlddiabetesday.org](http://www.worlddiabetesday.org)



**International  
Diabetes  
Federation**



world diabetes day  
14 November