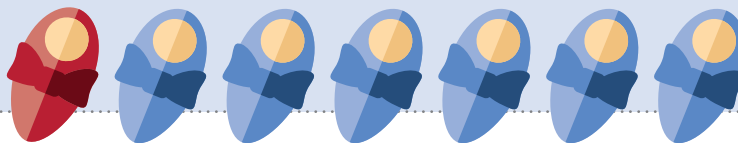


WOMEN AND DIABETES OUR RIGHT TO A HEALTHY FUTURE

THE ISSUE



1 IN 7 BIRTHS IS AFFECTED BY **GESTATIONAL DIABETES (GDM)**

WHAT DOES THIS MEAN?

1 IN 2 WOMEN

WITH GDM **WILL DEVELOP TYPE 2 DIABETES** WITHIN 5 TO 10 YEARS AFTER DELIVERY



THE CHALLENGE



PREGNANT WOMEN REQUIRE IMPROVED ACCESS TO SCREENING, CARE AND EDUCATION TO ACHIEVE POSITIVE HEALTH OUTCOMES FOR MOTHER AND CHILD

SOLUTIONS



HEALTH AND NUTRITION BEFORE AND AFTER PREGNANCY AND EARLY CHILDHOOD MUST BE INCLUDED IN TYPE 2 PREVENTION STRATEGIES



HEALTH PROMOTION AND EARLY DETECTION OF DIABETES AND GDM MUST BE PART OF ALL ANTENATAL CARE VISITS



HEALTHCARE WORKERS SHOULD BE TRAINED IN THE IDENTIFICATION, TREATMENT, MANAGEMENT AND FOLLOW UP OF DIABETES DURING PREGNANCY

ACT TODAY TO CHANGE TOMORROW

www.worlddiabetesday.org



**International
Diabetes
Federation**



world diabetes day
14 November